



TE IRA TANGATA

Version 3.0

2017



Te Whāriki Takapou

TE IRA TANGATA

E ngā mana, e ngā reo, e ngā karangatanga maha o ngā hau e whā, tēnā koutou katoa.

Nei rā te reo mihi o Te Whāriki Takapou ki:

- Ngā Kura Kaupapa Māori i wānanga tahi, i mahi tahi, i hikoi tahi hoki i tō mātou taha kia oti pai ai te kaupapa nei. E kore e mutu ngā mihi ki a koutou.
- Te Manatū Hauora, nāna nei te pūtea tautoko
- Kapohia Limited (Maraea Hunia)

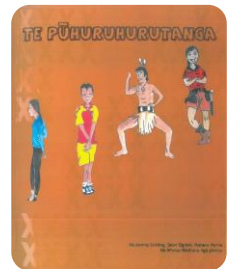
MŌ TĒNEI RAUEMI:

1. Kia whakaako pai koe i tēnei hōtaka, me matua whiwhi koe, otirā āu tauira i tētahi kape o te rauemi e kī ana ko *Te Pūhuruhurutanga*, nā Amiria Stirling, Sean Ogden, Maraea Hunia i tuhi. Tono atu ki te whārangi ipurangi o *Down the back of the chair* hei hoko: <http://www.thechair.co.nz/>
2. Ko te nuinga o ngā rauemi ipurangi kei roto i tā mātou hōtaka nei, kua tikina ake nā te mea he rauemi e wātea ana ki te marea, me kī, he mea tango mai i ngā wāhi tūmatanui pēnei i te YouTube hei rauemi kaiako, hei rauemi whakaako. Heoi anō, kia mataara tonu ki ngā āhuatanga ohore o te ipurangi.
3. I mua i te whakaako i tētahi kaupapa hōkakatanga, me pānui te tuhinga aratohu nā Te Tāhuhu o te Mātauranga hei āwhina i a koe: <http://health.tki.org.nz/Teaching-in-HPE/Policy-guidelines/Sexuality-education-a-guide-for-principals-boards-of-trustees-and-teachers>
4. Kua rāhuitia ngā tika katoa. Kāore e whakaaengia kia tāruatia tētahi wāhi o tēnei pānuitanga, hāunga ko ngā whārangi hei whakamahi mā ngā ākonga, kia āta whakaaetia rā anō e te hunga kei a ia te manatā, arā ko mātou o Te Whāriki Takapou.
5. Ki te hiahia mōhiohio anō, he tautoko atu anō hoki, tēnā, whakapā mai ki a mātou:

Te Whāriki Takapou

Īmēra: tewhariki@tewhariki.org.nz

Whārangi Ipurangi: <http://tewhariki.org.nz/>



TE IRA TANGATA

TE TUAKIRI O TE TANGATA	NGĀ KAUPAPA AKO	HE WHĀINGA	HE RAUEMI
1. Mauri	Te whanaketanga ake o te tamaiti ki te taiohi	Aromatawai Arataki: Ka tūhura i ngā mōhiotanga o te tamaiti mō te whanaketanga ake o te tamaiti ki te taiohi, arā te pūhuruhurutanga o te tangata Ka whakamārama i te mahere ako mō ngā wiki e heke mai ana	<ul style="list-style-type: none"> • He pepa A1 • He pepa piripiri (he pepa me te pia rānei) <ul style="list-style-type: none"> - Me ōrite te tae o ngā pepa/ pepa piripiri katoa hei tūtohi i te māramatanga <i>arataki</i> o te ākongā (I mua i te mahi whakaako) • He pouaka tukutuku. Hei tauira: he pouaka hū, he kōwhao kei tana taupoki • Pukapuka kaupapa, pepa rānei – hei tohu i ngā whāinga taiohi
2. Iho matua & Pūmanawa	Te whakapapa me te whanaungatanga arā, ko ngā āhuatanga, ngā pūmanawa ka heke mai i ō mātua tūpuna	Ka tūhura i te hekenga mai o te mauri tangata i te iho matua, arā, ko te whakapapa, te whanaungatanga hoki	<ul style="list-style-type: none"> • Pukapuka kaupapa, he pepa rānei
3. Tapu & ihi	He aha tēnei mea te tikanga?	Ka tūhura i tēnei mea te tikanga: arā, ngā tikanga tapu hei ārahi i te tangata ki te mahi tika, me te ihi o te tangata ka ārahi i a ia ki te eke panuku Ka whakarite tikanga mōku ake, kia eke ai au ki ōku whāinga	<ul style="list-style-type: none"> • He mahi 'tikanga' • <i>Te Pūhuruhurutanga</i> wh. 21
4. Hinengaro	He tikanga anō tō te kupu, tō te tohu	He tūhura i ngā āhuatanga o te wero/whati tikanga o te taiohi He whai whakaaro, he tūhura i ngā tikanga ā-kupu ā-ringa/ā-karu, ā-pānui [signs]	<ul style="list-style-type: none"> • <i>Te Pūhuruhurutanga</i> wh. 21 • He tuhituhinga, he kōrero rānei mō te wehenga o Rangi rāua ko Papa • <i>Tama Tū</i> https://www.youtube.com/watch?v=VkWzbMzW3B8 • He pikitia tohu, hei tauira: tohu whakatū motokā, tohu whareiti, te wahine 'ātaahua' (whīroki) • He pūmanawa tautono: <i>Te Wehenga o Ranginui rāua ko Papatūānuku</i> <ul style="list-style-type: none"> - https://itunes.apple.com/us/app/ng%C4%81-atua-m%C4%81ori-book-2-te-wehenga-o-ranginui-r%C4%81ua-ko/id922378976?mt=8&ign-mpt=uo%3D4 - https://play.google.com/store/apps/details?id=com.kiwamedia.android.qbook.nam0002
5. Mana & Wehi	Te whanaketanga ā-tinana o te pūhuruhurutanga	Ka tāutu te tauira i ngā tini whanaketanga ā-tinana o te tangata i te wā o te pūhuruhurutanga, ā, pakeke noa	<ul style="list-style-type: none"> • <i>Te Pūhuruhurutanga</i> wh. 4-19 • <i>Rotarota e Pā ana ki te Wahine</i> https://www.youtube.com/watch?v=Jgx4Zwcsulk • <i>Tāne Ora</i> https://www.youtube.com/watch?v=LL-HzH6l2l8&nohtml5=False

			<ul style="list-style-type: none"> • He 'kāri whanake' <ul style="list-style-type: none"> - mā te kaiako e tīpako ētahi o ngā whanaketanga tinana ā-tangata, ā-kōtiro, ā-tama, ā, ka tuhituhi tētahi ki tērā, ki tērā o ngā kāri 															
6. Whatumanawa	He tāne, he wāhine	<p>Ka tūhura i ngā 'tikanga' o tēnei ao e tohutohu mai ana he aha e tika ana mō te tāne, mō te wāhine, heoi, mō te tangata</p> <p>Ka āta wetewete i ētahi āhuatanga ka whakaaturia e te ao pāpāho mō te tāne, mō te wāhine, heoi, mō te tangata</p>	<ul style="list-style-type: none"> • <i>Poi For Boys</i> nā te hōtaka pouaka whakaata o Hahana https://drive.google.com/a/tpt.org.nz/file/d/0B-EKJiB6qBLicG43Z0JIOEVKVFU/view?usp=sharing • <i>Kaiwero Wahine</i> nā te hōtaka pouaka whakaata o Te Kaea http://www.maoritelevision.com/news/regional/ngati-waewae-rangatahi-first-female-generations-perform-wero • <i>A Place in the Middle</i> https://vimeo.com/121840165 (0:00 ki te 5:30) • He whakaahua tāne, he whakaahua wāhine mai i tētahi niupepa, tētahi mōhini, tētahi ipurangi rānei, he mea kākahu rorotu he mea whutupōro/poitarawhiti; he mea kapa haka rānei • <i>Te Pūhuru Hurutanga</i> whārangi 40-41. • He kāri ka whakamahia e te kaiako kia 4-5 ngā kohinga kāri pēnei nā: <table border="1" data-bbox="1160 598 2063 758"> <tr> <td>• he makawe roa</td> <td>• he mau tarau roa</td> <td>• he mau panekoti</td> </tr> <tr> <td>• he mahi poi</td> <td>• he mau rākau</td> <td>• he tākaro whutupōro</td> </tr> <tr> <td>• he haka</td> <td>• he tiaki tamariki</td> <td>• he mau hū teitei</td> </tr> <tr> <td>• he oma tere</td> <td>• he tākaro poitarawhiti</td> <td>• he hoe waka</td> </tr> <tr> <td>• he makawe poto</td> <td>• he ngutu whero</td> <td>• he tāroa</td> </tr> </table> 	• he makawe roa	• he mau tarau roa	• he mau panekoti	• he mahi poi	• he mau rākau	• he tākaro whutupōro	• he haka	• he tiaki tamariki	• he mau hū teitei	• he oma tere	• he tākaro poitarawhiti	• he hoe waka	• he makawe poto	• he ngutu whero	• he tāroa
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• he oma tere	• he tākaro poitarawhiti	• he hoe waka																
• he makawe poto	• he ngutu whero	• he tāroa																
7. Ngākau	Ngā kare ā-roto, me te hōkakatanga	<p>Ka tūhura i ētahi āhuatanga o te ngākau, arā, ngā kare ā-roto, ngā hoa, te hōkakatanga, me te whakaweti</p> <p>Ka tūhura i ngā āhuatanga ka kaha pēhi i te tangata, ā, ko ngā ratonga o waho o te tangata, tōna whānau, ōna hoa rānei hei āwhina i a ia</p>	<ul style="list-style-type: none"> • <i>Te Pūhuru Hurutanga</i> wh 20, 35, 37-41 • He rorohiko, he puka ratonga rānei • Tēnei kiriata mō te <i>Consent</i> arā, mō te <i>Whakaae</i> https://www.youtube.com/watch?v=pZwvrxVavnQ • Tēnei kiriata (atu i te 5:20, te katoa rānei) mō <i>Danielle Hayes</i> e toro atu ana ki tōna whānau hei āwhina i a ia https://www.youtube.com/watch?v=mjSc-FXxGjQ 															
8. Puna Waihanga	Te arohaehae i te ao pāpāho, me te aromatawai	<p>Ka arohaehae i tā te ao pāpāho whakaatu i te 'ātaahua/purotu'</p> <p>Ka aromatawai i ngā āhuatanga kua ākona i ngā wiki kua hipa</p>	<ul style="list-style-type: none"> • He rorohiko, pepa rānei • He niupepa auraki, he mōhini auraki rānei • <i>Te Pūhuru Hurutanga</i> wh. 48-49, 50 • Ko ētahi kiriata, pēnei i te: <i>Body Evolution, Before and After Photoshop Models</i>, me te <i>Before and After Photoshop Male Models</i>. https://www.youtube.com/watch?v=17j5QzF3kqE • He waiata kei te ipurangi, ko <i>Taku Wahine Purotu</i>. https://www.youtube.com/watch?v=WBAgkDsWtu4 															

WĀHANGA 1: MAURI – HE AROMATAWAI ARATAKI

Te wā: 60 meneti

He Whāinga

- **Aromatawai Arataki: Ka tūhura i ngā mōhiotanga o te tamaiti mō te whanaketanga ake o te tamaiti ki te taiohi, arā te pūhuruhurutanga o te tangata**
- **Ka whakamārama i te mahere ako mō ngā wiki e heke mai ana**

He rauemi

- He pepa A1
- He pepa piripiri (he pepa me te pia rānei)
Kia mōhio mai. Me ōrite te tae o ngā pepa/ pepa piripiri katoa hei tūtohi i te māramatanga arataki o te ākongā (*i mua i te mahi whakaako*)
- He pouaka tukutuku (Hei tauira, he pouaka hū, he kōwhao kei tana taupoki)
- Pukapuka kaupapa rānei, pepa rānei – hei tohu i ngā whāinga taiohi.

Hei mahi

1. He whakawhitiwhiti kōrero (15 meneti)

Ka pātai te kaiako:

a. He aha ēnei mea te teina me te tuakana?

He momo whakautu:

- He iti iho te teina i te tuakana
- He whanaunga tata
- Ka tiaki te tuakana i te teina, ka whakarongo te teina ki te tuakana

e. He aha te rerekētanga o te teina ki te tuakana?

He momo whakautu:

- He ōrite nā te mea ko te taiohi, he teina anō i mua
- Ka rerekē ō whakaaro inā eke koe ki te taumata taiohi

h. He aha ngā tohu o te tuakana/taiohi?

He momo whakautu:

- Kua nui
- Kua mōhio au ki te tiaki i aku teina
- Kua whanake taku tinana

2. He whakawhitiwhiti kōrero ā-rōpu (20 meneti)

- Kia 2-4 ngā ākongā kei ia roopū
 - Ka hoatu he whārangi A1 ki tērā, ki tērā o ngā rōpū
- a. Me whai wāhi ia tamaiti ki te tūranga kaituhituhi
- e. Ka āta tuku haere te kaiako i ngā pātai e whai ake nei, ā, ka tono haere i ngā tamariki ki te matapaki i ō rātou whakautu
- h. Mā te kaituhituhi te pātai e tuhituhi ki tētahi pepa piripiri (tētahi atu momo pepa rānei), ā, ka tuhituhi i ngā whakautu a te rōpū ki taua pepa tonu.

He pātai matua / He momo whakautu:

- i. He aha ngā momo mahi ka riro mā te taiohi/tuakana?

He momo whakautu:

- He tiaki/ārahi i ngā teina
- mau pare-ū
- he whai whakaaro ki tōna āhua – ā-kākahu, ā-tinana
- he kawē i ētahi haepapa hei āwhina i ōna mātua ki te kainga

- k. He aha ngā tohu ā-ngākau/ā-hinengaro o te taiohi/tuakana?

He momo whakautu:

- He aroha nui ki tana whānau
- he tohetohē
- he minamina tangata (mate tāne/wahine)
- he tino pukuriri/harikoā i ētahi wā

- m. He aha ngā tohu ā-tinana o te taiohi/tuakana?

He momo whakautu:

- He nui ake i ngā tēina
- ka huruhuru ā-raro/ā-kēkē
- ka rerekē pea ngā makawē
- ka tere tipu te tinana i ētahi wā/wāhi
- ka āhua tipu ngā ū, te hope, te ure/tonē
- ka tāroa haere, ka rahi haere te tinana

- n. I a koe e teina tonu ana, he aha ō whāinga taiohi?

He momo whakautu:

- I te hiahia au ki te oma tino tere

- I te hiahia au ki te mahi i āku ake mahi

ng. He aha hei whāinga taiohi mōu ināianei? Tuhia tō whāinga taiohi hou ki tō pukapuka, ki runga pepa rānei.

o. Mā ngā ākonga ā rātou pepa piripiri e whakapiri ki ngā whārangi A1 tika mō tō rōpū.

3. He whakamārama (15 meneti)

a. Mā te kaiako e whakamārama atu ki ngā ākonga he aha te kaupapa o te pouaka tukutuku, arā, mā ngā ākonga ā rātou pātai e tuku ki roto, nā wai rā ka whakautua e te kaiako te mahere whakaako nei (ki te whai wā, ki te whakaaetia hoki).

e. Ka whakamārama hoki te kaiako i te kupu pūhuruhurutanga, arā, ko ngā tini āhuatanga o te huringa o te tamaiti hei taiohi, hei tauira te pūhuru huru haere o te tinana, me ērā atu āhuatanga o roto, o waho, ā-tinana, ā-hinengaro.

h. Ka pātai te kaiako:

He pātai anō ā koutou mō te taiohitanga/pūhuru hurutanga? Mehemea he pātai anō ā koutou hei ngā wiki e 8 e heke mai ana, tuhia, ā, tukua ki te pouaka.

i. Mā ngā ākonga e tuhi ō rātou whakaaro, ā, ka tuku ki te pouaka.

He momo whakautu:

- me pēhea au e mōhio ai e minamina mai ana tētahi ki a au?
- Āhea taku ikura e tīmata ai?
- Inā kihi au ki tētahi ka pā mai ōna moroiti tahumaero ki a au?
- He aha te tikanga o te kupu menstruation?

Hei whakakapi

4. He whakamārama (10 meneti)

Mā te kaiako e āta whakamārama te kaupapa o te mahere whakaako me ōna tini kaupapa ka whārikihia, arā:

Ka whakamāramatia te tuakiri o te tangata me ngā kaupapa ka kōrerohia, i ia wiki, i ia wiki.

Arā:

1. Te mauri: (kua oti)
2. Te iho matua: Ka heke mai tō mauri i te iho matua – he pūkenga, he pūmanawa ka heke mai i tō whakapapa

3. Te ihi me te tapu: Ka tūhura i tēnei mea te tikanga hei taonga ārahi i te tangata
4. Te hinengaro: Ka tūhura i ngā āhukatanga o te wero/whati tikanga o te taiohi. Ka tūhura hoki i ngā tikanga ā-kupu ā-ringa/ā-karu, ā-pānui [signs]
5. Te mana me te wehi: Ka tāutu i ngā tini whanaketanga ā-tinana o te tangata i te wā o te pūhuruhurutanga, ā, pakeke noa
6. Te whatumanawa: Ka tūhura i ngā 'tikanga' o tēnei ao e tohutohu mai ana he aha e tika ana mō te tāne, mō te wahine, heoi, mō te tangata rānei. Ka āta wetewete i ētahi āhukatanga ka whakaaturia e te ao pāpāho e tika ana mō te tāne, mō te wahine, heoi, mō te tangata
7. Te ngākau: Ka tūhura i ētahi āhukatanga o te ngākau, arā, ngā kare ā-roto, ngā hoa, te hōkakatanga, me te whakaweti. Ka tūhura i ngā āhukatanga ka kaha pēhi i te tangata, ā, ko ngā ratonga o waho o te tangata, tōna whānau, ōna hoa rānei hei āwhina i a ia.
8. Te puna waihanga: Ka arohaehae i tā te ao pāpāho whakaatu i te 'ātaahua/purotu'. Ka aromatawai i ngā āhukatanga kua ākona i ngā wiki kua hipa.

He kupu taka

Pūhuruhurutanga	puberty
Taiohitanga	[state of being] youth
Moroiti Tahumaero	germ

WĀHANGA 2: TE IHO MATUA

Te wā: 80 meneti

He whāinga

- Ka tūhura i te hekenga mai o te mauri tangata i te iho matua, arā, ko te whakapapa, te whanaungatanga hoki.

He rauemi

- Pukapuka kaupapa, he pepa rānei

Hei mahi

1. He whakamārama (5 meneti)

Mā te kaiako te kaupapa o te iho matua e whakamārama: arā, ko te iho o te tamaiti ki te kōpū, kua hono te tangata ki ōna mātua, ki ōna tūpuna. Ko taua hono rā, ko te iho matua. Arā, ko te whakapapa me ngā āhuetanga ka heke ā-whakapapa mai ki tērā reanga, ki tērā reanga.

2. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te kaupapa o te iho matua (arā, o te whakapapa). H.t., He aha te take he iti noa ngā ū o ētahi, engari he nui ngā ū o ētahi atu?
- e. Mā te kaiako te whakawhitinga kōrero e ārahi kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

3. Tōku iho matua (25 meneti)

- a. Ka pātai te kaiako: He aha ngā momo i heke iho i ō tūpuna ki a koe?
 - He momo whakautu: he āhuetanga kanohi, he ingoa, he āhuetanga tinana, he pūkenga, he pūmanawa
- e. Mā te kaiako ngā kōrerorero e ārahi kia āta matapakihia e ngā ākonga ō rātou taha whakapapa katoa, tāne mai, wāhine mai: he ira tāne, he ira wahine kei tērā, kei tērā o tātou. Kei roto i a koe ngā wai e rua – arā, ko te wai o tō pāpā me te wai o tō māmā, nā reira, ko tō 'wai-rua'.

- h. Mā te ākongā e āta tā ō rātou ake whakapapa ki ā rātou ake puka kaupapa, ki te pepa rānei – kei a rātou te tikanga ka pēhea te nui o te whakapapa, te tokomaha rānei o ngā tāngata. Mā ia ākongā e āta whakaaro mō ētahi āhuatanga, pūmanawa, pūkenga rānei o ia tangata kua heke iho mai pea i ō rātou tīpuna: hei tauira: makawe koromingimangi, tāroaroa, waewae rahi; tere ki te oma, reo tīoriori.

4. Ōku pūmanawa, ōku pūkenga (25 meneti)

- a. Mā ngā ākongā ētahi pūmanawa kei roto i ō rātou ake whānau e tūtohu, he mea rongonui tōna whānau mō tēnei momo pūmanawa, ā, ka tuhia ki ngā hoahoa whakatauritenga e rua (tirohia ki raro ake nei he tauira hei whai).

Ingoa o te whanaunga whai pūmanawa	T/ōna pūmanawa	He aha ētahi taunakitanga o ōna pūmanawa
Māmā	He kaha ki te pūrei netipōro	I uru ia ki ngā tīma ā rohe, me te Kapa Hiriwa
Nanny Mei	He kaitākaro netipōro	Ko ia te kaiako o te tīma o māmā. He kaitākaro hoki ia ki te Kapa Hiriwa.

- e. Kā pātai te kaiako:

Kei a koe rānei ētahi o ēnei pūmanawa?

- h. Ka pātai te kaiako:

He pūkenga anō ōu, he mea nāu anō i whai, nāu anō i ako, nāu anō i whakawai?

- i. Mā ngā ākongā e tautuhi kia 2-3 ngā pūkenga nā rātou anō i whai, nā rātou anō i ako.

Ōku pūkenga	Nōnahea i tīmata ai te whai i tēnei pūkenga?	He mahi ka whaia tonutia e au?
Te whakatō hua whenua	Nō tērā Raumati i te wā i noho au ki a Matua Hirini	Tēnā pea, āe. Kia tipu kaha ngā hua whenua ka mahi tonu!

k. Mā ia ākongā tētahi whanaunga tino ngākaunui ki a ia e whiriwhiri:

- Tāngia he pikitia, tāngia rānei te ingoa o tētahi whanaunga (ehara i te mea me pono te ingoa – kei a koe te tikanga mēnā ka noho muna tonu). Whakaarohia tētahi whakaaro, te whakapapa me te iho matua e tūhonotia ai kōrua ko tō whanaunga.

Hei tauria:

- Ko tēnei te tungane o tōku māmā. Nā tana aroha nui ki a au ka mauri tau au – nā runga i tana āta tiaki i a au e māuiui ana.
- Ko Auntie Kay te karangarua o tōku whaea. E mōhio ana au he nui te aroha o Auntie Kay mōku nā te mea he rite tonu tōna whakarongo mai ki a au me te kore whakawā mai.
- Ko Koro Here te pāpā o tōku whaea. He pukumahi a Koro. Ka tae atu ki tōna whare, me pukumahi hoki mātou. Heoi, nā tana aroha nui ki a mātou, ka hari, ka koa mātou ki te āwhina i a ia.

5. He whakawhiti kōrero

Ka pātai ki ngā ākongā: Whakaarohia te whāinga i whakaritea i tērā wiki. Kei te hiahia pea koe ki te tohu whāinga anō, e hāngai ana ki ō pūmanawa kua heke mai i tō iho matua?

Kia mataara: Pupurutia ēnei kōrero, nā te mea ka hoki whakamuri ngā ākongā ki ngā pepa nei mō tētahi atu mahere ako o te mahere whakaako nei.

He whakakapi (15 meneti)

Kua hono ā-wairua tātou ki ō tātou tūpuna, arā ko te iho matua te hono. Kei tēnā, kei tēnā o tātou he taha tāne, he taha wahine hoki - he whakapapa tāne, he whakapapa wahine.

He mahi ā-rōpū (5 meneti)

Waihangahia he tohu ā-ringa mō tētahi tikanga tapu ka whakaatu i te āhuetanga o te iho matua, arā, ka heke mai ētahi āhuetanga i ō tātou mātua tūpuna ki a tātou. Whakaaturia ki te katoa mēnā e whai wā ana.

He pātai mō te kāinga

Uia ō mātua, pakeke rānei. Anei ngā pātai mō rātou:

- He aha ngā pūmanawa o tōku whānau (ahakoa te momo pūmanawatanga)?
- i ahu mai tēnei pūmanawa i a wai?
- He aha ngā pūmanawa kua heke iho ki ahau (ki ō o pākeke tirohanga, whakaaro rānei)?

He kupu taka

pūkenga

skills

pūmanawa

talents

WĀHANGA 3: TAPU-IHI – HE TIKANGA

Te wā: 65-70 meneti

He aha tēnei mea te tikanga?

He whāinga:

- Ka tūhura i tēnei mea te tikanga: arā, ngā tikanga tapu hei ārahi i te tangata ki te mahi tika, me te ihi o te tangata ka ārahi i a ia ki te eke panuku.
- Ka whakarite tikanga mōku ake, kia eke ai au ki ōku whāinga.

He rauemi

- He kāri 'tikanga' (kei raro iho nei), me ētahi kāri wātea
- Te *Pūhuruhurutanga* wh. 21

Ka tangohia ngā hū i mua i te kuhu ki te whare	Mā te harirū me te hongī ka hohou te rongō
I mua i te kai, ka karakia	I mua i te taka kai, ka horoia ngā ringaringa
Ka whakahokia te ika tuatahi ki a Tangaroa	<i>(mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei)</i>
<i>(mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei)</i>	<i>(mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei)</i>
<i>(mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei)</i>	<i>(mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei)</i>

Hei mahi

1. He whakautu pātai (5-10 meneti)

Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki tēnei mea te tikanga.

Mā te kaiako e ārahi te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi momo whakautu.

2. He whakawhitiwhiti kōrero (15 meneti)

Ka kōrerohia e te kaiako te kaupapa o te kupu tikanga. Ka ārahi te kaiako i ngā ākonga ki te tūhura, ki te whakaaro mō ngā momo taumata tikanga.

Ka pātai atu:

a. He aha tēnei mea te tikanga?

- He momo whakautu: - He mahi tika, he ture ā-noho; he tohutohu; he kupu ārahi kia noho haumaruru ai te tangata; he mahi pakeke (he tohutohu rānei a ngā pākeke ki ngā tamariki/taiohi). Kua pānuitia whānuitia ētahi tikanga (pērā i ngā ture o te whenua), ka noho muna kē ētahi atu (pērā ki tēnei: pērā ki ngā tikanga whakatika tēpu/rīhi i roto i tō whare).

e. He aha te take o tēnei mea te tikanga?

- He momo whakautu: Hei ārahi i ngā tangata ki te ako, ki te eke panuku, ki te mahi tika, hei aukati i ngā mahi hē a te tangata

h. He momo tikanga, he taumata tikanga, ā, he tapu ētahi, he noa ētahi. He aha ētahi tikanga tapu; he aha ētahi tikanga – e.g., tikanga tākaro, tikanga whaikōrero

i. Mā te kaiako e pātai atu:

- He mea tapu tēnei tikanga? He mea toka tēnei tikanga mō ake tonu atu? He mea panoni rānei i te huringa o ngā tau? He aha ai?
- He momo whakautu: Kua huri te ao, arā, ka hanga whare hākinakina i ēnei rā, ā, ka mau hū i roto. Mēnā ka hoko tiakarete au i te toa, i te nuinga o te wā kāore au e karakia i mua i te kai i taua tiakarete.

k. He aha ngā tikanga o tēnei akomanga / o tō whānau (hei tauira, he aha ngā tikanga mō te kai i te kāinga, te whakarite i ngā ata, te eke marae, te whakanui huritau tamaiti, te whakanui huritau kaumātua

- He momo whakautu: Tangohia ō hū; Karakia i mua i te kai; kia tere te uwhiuwhi

m. He aha te take o te tikanga? He aha e pēnei ana? Ka panoni rānei? Kei te tika rānei kia panoni? Hei tauira: I ngā rā o mua, kore rawa ngā tūpuna i whakaae ki te heketua i roto i te whare. Ināianei, he pērā katoa ngā whare.

n. He aha ētahi tikanga o waho atu i tō whānau / i te kura?

o. He ōrite ngā tikanga o tērā whānau / ākomanga / hapū, o tērā whānau / ākomanga / hapū?

He momo whakautu:

- Ka tangohia ngā hū i tēnei kura, engari kāore e tangohia ngā hū ki te kāreti
- Ka mau parekawakawa ētahi hapū, kāore ētahi atu e mau

p. He 'tika' kē atu ētahi tikanga i ētahi? He aha ai?

3. He mahi ā-rōpū: he whakaari tikanga (25 meneti)

a. Mā te kaiako e hoatu kia rua ngā kāri ki ia rōpū: kua tuhia kētia tētahi tikanga i runga i tētahi kāri, ko tērā atu kāri he mea wātea.

Kātahi ka whakamārama:

- Whiriwhiria te tikanga kua tuhia ki tō koutou kāri, ka whiriwhiri rānei i tētahi tikanga anō (mā koutou e tuhi ki tētahi kāri wātea). **(E rua meneti)**

e. Mā ia rōpū e whakaari atu i tētahi tikanga

- Hei tauira (h.t.)
(1) ka tangohia ngā hū i mua i te uru ki te wharenu; (2) tirohia te rori i mua i te whakawhiti) ā, ka whakapae te whakaminenga (te akomanga katoa) he aha te tikanga e whakaaritia ana. Kātahi ka whakaari atu i taua tikanga e whatingia ana (h.t., kāre e tangohia ana ngā hū i roto i te whare poitūkohu), i ētahi wā kāore rānei i te pai taua whatinga (h.t: ki te kore te tangata e titiro ki te rori, ka tukia e te motokā). Whakaarohia ngā whatinga tikanga i roto i ngā pūrākau mō Māui Tikitiki-a-Taranga, me tana whatinga tikanga whakamutunga.

h. Ka whakawhitiwhiti kōrero mō ngā rerekētanga. He aha te take he pai te mau hū ki te whare poitūkohu? He aha te take me tango ngā hū i te wharenu? Pēhea e mōhio ai te taiohi mēnā e pai ana te whati tikanga, kāore rānei?

4. He whāinga, he tikanga (10 meneti)

He aha ētahi tikanga mōu ake, i roto i tō ao?

Whakaarohia te whāinga i tohua e koe i te wiki tuatahi. (arā ko ngā mahi o te tuakana)

Tohua ētahi tikanga hei āwhina i a koe ki te whakatutuki i tō whāinga.

I a koe e taiohi haere ana, ka hiahia pea ki te wero tikanga, ki te whati tikanga rānei, pērā ki a Māui Tikitiki-a-Taranga. Pānuitia wh. 21 o *Te Pūhuruhurutanga*. He aha ō whakaaro mō ngā kōrero a te taiohi rā?

Hei whakakapi (10 meneti)

Waihangahia he tohu ā-ringa mō tētahi tikanga tapu ka ārahi i te taiohi, me te ihi o te reanga taiohi ki te whiriwhiri i tō rātou ake huarahi i te ao hou.

He pātai mō te kāinga

- ū mārika ai koutou ki ēhea tikanga i tō kāinga? I ahu mai aua tikanga i hea? I a māmā, pāpā, kuia, koroua, mai i tua whakarere rānei?
- He tikanga ō tō kāinga kua panonihia e tō whānau i roto i ngā tau?
- He tikanga ā-iwi, ā-hapū rānei kua tōkia ki roto i tō whare? He aha aua tikanga?
- Ki te hiahia koe ki te panoni i ngā tikanga o tō whare, ka whakaaetia e ō mātua? Kei a wai te mana ki te panoni tikanga i tōu ake whare?

Ākina ngā ākonga ki te tuku pātai ki te pouaka tukutuku.

He rauemi ako anō

Māui rāua ko Mahuika: <http://mataurangamaori.tki.org.nz/Rauemi-tautoko/Te-Reo-Maori/Nga-Pakiwaitara-Maori-me-nga-Purakau-Onaianei/Maui-raua-ko-Mahuika>

Māui rāua ko Hine-nui-te-pō (he whakairo): <http://natlib.govt.nz/records/22708288>

He kupu taka

tohu ā-ringa	hand signal, gesture
ture ā-noho	social norms

WĀHANGA 4: HINENGARO – HE TIKANGA Ā-KUPU

Te wā: 85-100 meneti

He tikanga anō tō te kupu, tō te tohu

He whāinga:

- He tūhura i ngā āhuatanga o te wero/whatī tikanga o te taiohi
- He whai whakaaro, he tūhura i ngā tikanga ā-kupu ā-ringa/ā-karu, ā-pānui [signs]

He rauemi

- *Te Pūhuruhurutanga* wh. 21
- He tuhituhinga, he kōrero rānei mō te wehenga o Rangi rāua ko Papa
- *Tama Tū* <https://www.youtube.com/watch?v=VkWzbMzW3B8>
- He pikitia tohu, hei tauira: tohu whakatū motokā, tohu whareiti, te wahine 'ātaahua' (whīroki)

Hei mahi

1. He whakamārama (5 meneti)

Mā te kaiako e whakamārama te kaupapa o te rā, arā, ka tūhura, ka whakawhiti kōrero mō ngā tikanga ā-kupu, ngā tikanga ā-ringa, ā-karu hoki, me ngā tikanga ā-pānui

2. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te kaupapa o te hinengaro
- e. Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākongā ki te ngako o te pātai me ētahi o ngā momo whakautu.

3. He whakawhiti kōrero poto (5-15 meneti)

Pānuitia/whakaarotia anōtia *Te Pūhuruhurutanga* wh. 21, ka mutu, whakaarohia ngā mahi a Tane Māhuta me ōna tuakana. hei tauira, tirohia:

<https://itunes.apple.com/us/app/ng%C4%81-atua-m%C4%81ori-book-2-te-wehenga-o-ranginui-r%C4%81ua-ko/id922378976?mt=8&ign-mpt=uo%3D4>

<https://play.google.com/store/apps/details?id=com.kiwamedia.android.qbook.nam0002>

<https://www.youtube.com/watch?v=SUEnz1QPsyM>

He aha rātou i wero ai i ngā tikanga noho o ō rātou mātua? Arā, ko te āhuratanga o tō rāua noho/takoto tahi he piri tata. He tikanga tēnei nā tō rāua aroha ki a rāua anō.

Ētahi pātai hei tauira:

- I kōkiri noa atu tētahi i tērā tikanga ā-noho?
- I whakawhiti kōrero pea rātou i mua?
- He whāinga ō rātou?
- He aha ngā hua i puta mai ai i taua whatinga tikanga?
- He raru i puta?

Hei mahi: Tāngia he pikitia nui mō tētahi o ngā atua e wero ana, e tautoko ana rānei i ngā tikanga o ōna mātua.

4. Hei whakaari (15 meneti)

I ngā hararei, i whānako a Kapa i tētahi hāte mai i te toa, ā, ka mau ia. Ka whakahokia ki te kāinga e ngā pirihihana. Ka tonoa ia e tana whaea kia whākī atu ki ōna whanaunga katoa. Tae atu ana a Kui, me whākī atu, tae atu ana a Matua, me whākī atu, tae atu ana ngā whaea, me whākī atu.

Whakaarihia ngā whakautu a Kui, a Matua, a ngā whāea (a wai rānei) ki a ia. (he mahi takirua, ā-roopū rānei).

He aha ngā painga o tērā mahi, arā, ko te whāwhākī i tana hara?

5. He whakawhiti kōrero (10 meneti)

He aha ētahi tikanga kua werohia, kua whatia rānei e koe? I āta whakaaro koe i mua i te wero/whati tikanga? I wānanga koutou ko ō hoa/whanaunga i mua, i muri i tāu mahi? He tino whāinga/take rānei tō te wero? He aha ngā hua i/ka puta? He aha ngā raru?

6. He whakawhitiwhiti kōrero (10 meneti)

1. Ka whakamārama te kaiako: he tikanga anō tō te kupu

Kia mōhio mai.

Me here tēnei ki te *Wāhanga 3: He aha te tikanga* – hei tauira: He rerekē ngā tikanga o ia whānau, ia kura, ia iwi, ā, ko ētahi ka rerekē haere i te huringa o ngā tau. Waihoki, ka panoni haere te tikanga o ētahi kupu i runga i te horopaki me te huringa o ngā tau.

2. He aha te tikanga o ēnei kupu hoa / hoa riri / hōhā?
3. He mea toka te tikanga o te kupu? He mea panoni rānei i te huringa o ngā tau?
4. He aha te tikanga o t/ēnei kupu, o t/ēnei tohu-ā-tinana (gesture) [hei tauira: te kemo; te whakatū matimati, te whakatū kōnui]? Kei te horopaki te tino tikanga o te tohu, i ētahi wā he mihi, he tautoko, i ētahi wā anō pea he riri, he whakahāwea.

Hei tauira:

- He kupu: hēki, gay, kaka, momona, hōri
- He tohu ā-tinana: pūkana, evils, matahī, tū kōnui, tū matimati)

Matapakihia te panonitanga o ngā kupu i roto i ngā tau – e.g., hēki (he hua manu i ngā wā o mua, ināianei he kupu whakahāwea hoki); gay – (he koa tōna tikanga i mua, ināianei he takatāpui, he kupu whakahāwea hoki)

7. He mahi ā-rōpū He whakaari ā-kupu (15 meneti)

Mātakitakina te kiriata nei – ko *Tama Tū* (5 meneti)

<https://www.youtube.com/watch?v=VkWzbMzW3B8>



Tuhia, ā, whakaarhia ā-kupu he reo kōrero mō te kiriata – arā, mā te rōpū e kōrero ā-kupu i ngā mahi matahī o ngā hoia). Mā te kaiako tētahi rōpu e tohu kia whakaari ā-kupu i te mahi whakatoī (whakahāwea) o ngā hoia ki tētahi o ō rātou hoa.

I ngā rōpū e whakaari ana, ka whakaaturia anōtia te kiriata.

Mutu ana ngā whakaari, ka whakawhitiwhiti kōrero mō ngā tikanga rerekē o tētahi tohu (arā, o te matahī) me te rerekē haere o te tohu, mai i te tohu whakamihī ki te tohu whakahāwea.

8. Whakaarohia, wānangahia... (5 meneti)

...te whakataukī nei, *'He tao rākau ka taea te karo, he tao kupu e kore e taea te karo'*.

Pātai atu:

Ka pēhea mēnā ka whakahāwea ō hoa i a koe (kotahi te wā)?

Ka pēhea mēnā ka whakahāwea rātou i a koe i ngā wā katoa, mō te wā roa?

9. Whakawhiti kōrero (15 meneti)

Me hoki anō ki te matapaki i ngā kupu me ngā tohu ā-tinana kua kōrerotia kētia i roto i tēnei wāhanga, me āta tūhura ināianei ka pēhea aua kupu e whakahāwea i te tangata.

He kupu: dick, momona, hōri, gay, coconut

He tohu ā-karu/ā-ringā: pūkana, evils, matahī, tū kōnui, tū matimati

Whakaaturia ētahi pikitia, ētahi tohu rānei, pēnei i te wahine 'ātaahua' (whīroki), he tohu wharepaku (tāne/wahine).

Matapakihia ngā momo tikanga o aua tohu e pānuitia whānuitia ana ki te marea.

Ākina ngā tamariki ki te tuku pātai ki te pouaka tukutuku.

He kupu taka

he tikanga ā-kupu	meanings of words
kemo	wink
matahī	raise eyebrows
tikanga	meaning
hōri	Lit. 'George' – a common name that was generalised by Pākehā to refer to a stereotyped Māori (with negative connotations). In contemporary times, it has taken on a negative meaning generally, like 'gay' and has an insidious racist etymology.
ā-pānui	signs

WĀHANGA 5: MANA-WEHI – TE TINANA

Te wā: 70-95 meneti

He whāinga

- Ka tāutu te tauira i ngā tini whanaketanga ā-tinana o te tangata i te wā o te pūhuruhurutanga, ā, pakeke noa

Kia mōhio mai: Ko te tino mahi he wānanga i ngā āhuatanga o te whanaketanga o te tangata i te wā o te pūhuruhurutanga.

He Rauemi

- *Te Pūhuruhurutanga wh. 5, 7- 19*
- *Rotarota e Pā ana ki te Wahine* ki <https://www.youtube.com/watch?v=Jgx4Zwcsulk>
- *Tāne Ora* ki <https://www.youtube.com/watch?v=amkRDm-le7g&nohtml5=False>
- He 'kāri whanake'. Mā te kaiako e tīpako ētahi o ngā whanaketanga tinana ā-tangata, ā-kōtiro, ā-tama, ā, ka tuhituhi tētahi ki tērā, ki tērā o ngā kāri.

Kāri whanake

Ka tipu ngā ū	Ka huahua te kiri
Ka tāroaroa haere	Ka huruhuru ngā kēkē
Ka puta kaha ngā kare ā-roto	<i>(mā te kaiako e tīpako ngā whanaketanga hei tuhituhi ki ngā kāri)</i>

Hei mahi

1. Hei tikanga tīmatanga (5 meneti)

Whakatakotohia ētahi tikanga tuakana mō tēnei tū kōrero:

Hei taurira:

- Kia kotahi noa iho te kai kōrero
- Me whakarongo, whai whakaaro mō ngā kōrero katoa
- Me whai whakaaro mō te kaupapa

2. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te mana me te wehi o te tangata.
- e. Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

3. He whakawhiti kōrero

- a. Ka āta pānui tahi i Te Pūhuruhurutanga wh. 5.
- e. Mā te kaiako e āta ārahi, kia mārama pai ai ngā kupu (e.g., taiaki – hormones) me ngā rerenga kōrero o taua whārangi (e.g., ka whakaputaina e te roro ngā taiaki), otirā kia mārama pai ai ngā kōrero katoa o te whārangi rā ki ngā ākonga.
- h. Ka noho ngā taurira ki ētahi rōpū toko iti (tokowhā pea ki ia rōpū).
 - Ka pānui i ngā kōrero katoa o *Te Pūhuruhurutanga wh. 7*
- i. Mā te kaiako e tāutu, e whakamārama te rerenga kōrero nei:

“Ko ēnei āhua katoa ka pā ki ngā tama me ngā kōtiro”

- Tēnā pea ka hua ake ētahi pātai/kōrero i ngā ākonga pēnei nā: “Kāore ngā ū o ngā tama e tipu”
- He momo whakautu: He āhua ōrite te timatanga o te pūhuruhurutanga ki ngā tamariki katoa, tama mai, kōtiro mai. Hei taurira, ka nui ake ngā matamata, ā, ka āhua tipu ngā ū o ngā tama me ngā kōtiro. Mā ngā taiaki me ngā āhuratanga ka heke i tō iho matua, e tohu mēnā ka nui rānei, kāore rānei e tino nui ngā ū.
- Mā ngā kaiako, mā te ākonga rānei e whiriwhiri mēnā ka noho wehewehe ngā tama me ngā kōtiro, mēnā ka noho tahi rānei te katoa.

- Ahakoa ka noho tahi, ka noho wehe rānei ngā tama me ngā kōtiro, anei ētahi mahi:

4a. Ira wahine (25 meneti)

a. Mātakitaki i te “Rotarota e Pā ana ki te Wahine” ki

<https://www.youtube.com/watch?v=Jgx4Zwcsulk>

- Ka whakamāramatia e te kaiako he rotarota tēnei mō te mana o te wahine me tōnā āheinga ki te whakawhānau tamariki, ā, ko tērā te take ka tīmata te whanake o te tinana o te taitamawahine.

e. Pānuitia Te Pūhuruhurutanga wh. 8-9

- i. I mua i te pānui, mā te kaiako ngā kupu hōu e whakamārama atu (e.g., matamata – nipples; tīwhana – curve; ikura – awa atua, period).
 - ii. Ka mahi ā-rōpu ngā ākongā ki te pānui i ngā whārangi 8-9, ā, ka whakawhiti kōrero mō ngā whanaketanga ira wahine.
 - iii. Tukua tētahi wā kōrerorero, whakaputa whakaaro, patapatai rānei ki ngā ākongā. Kia noho pea ki ngā rōpū iti e whai kaha ai rātou ki te tuku i ā rātou kōrero.
 - iv. Mēnā ka kōrero ētahi mō te “mate wahine” whakamāramatia atu ēhara i te mea he “mate” tēnei āhuatanga. Hoatu tētahi kupu tawhito, pēnei i te awa atua¹, ikura rānei.
- h. Mā ngā ākongā ētahi o ngā kōrero i ngā whārangi 10-13 e pānui.
- i. Ka mutu ka noho ā-rōpū ngā ākongā, ki te wānanga i ngā kāri whanake. Ka taea rānei te whakaraupapa? Mā te kaiako e whakamārama atu, kei tēnā tangata, kei tēnā tangata tōna ake huarahi whanake.

4b. Ira tane (25 meneti)

a. Mātakitaki hoki/rānei i ngā kōrero mō te Tāne Ora ki:

<https://www.youtube.com/watch?v=amkRDm-le7g&nohtml5=False>

Ka whakamāramatia e te kaiako: He kōrero tēnei mō te mana o te tāne me tōnā whai whakaaro mō ētahi atu tāne. Heoi, ko te take ka tīmata te whanake o te tinana o te taiohi, ko te whakarite o te tinana, o te hinengaro mō ngā mahi o te pakeke, arā, te whai uri, te tiaki whānau, te kawē haepapa. Me kī kia rite ki te whai i te pae tawhiti kia tata, kia whakamau i te pae tata kia tina.

¹Hei tauria: tirohia te pukapuka a Ngahuia Murphy e karanga ana ko *Waiwhero*

5. Te Pūhuruhurutanga wh. 14-19

- a. I mua i te pānui, mā te kaiako e whakamārama atu i ngā kupu hou (hei tauira: tora – tū (o te ure); tātea – te ira/kano tāne; waitātea – te wai ka kawē i te tātea).
- e. Ka mahi ā-rōpū ngā ākongā ki te pānui i ngā whārangi 14-15, ā, ka whakawhiti kōrero mō ngā whanaketanga ira tāne.
- h. Tukua tētahi wā kōrerorero, whakaputa whakaaro, patapatai rānei ki ngā ākongā. Hei tauira: He aha te wai tātea? (he mea tuku iho nā Ranginui) te mana tāne. Kia noho pea ki ngā rōpū iti e whai kaha ai rātou ki te tuku i ā rātou kōrero.
- i. Mā ngā ākongā ētahi o ngā kōrero i ngā whārangi 16-19 e pānui.
- k. Ka mutu ka noho ā-rōpū ngā ākongā, ki te wānanga i ngā kāri whanake. Ka taea rānei te whakaraupapa? Mā te kaiako e whakamārama atu, kei tēnā tangata, kei tēnā tangata tōna ake huarahi whanake.

6. Hei whakakapi (15 meneti)

Mā ngā taiaki me te iho matua ngā momo whanaketanga o te tinana e tohu.

He mahi ā-rōpū (5 meneti): waihangatia he tohu ā-ringā, ā-tinana rānei, me tētahi rerenga kōrero/waiata e whakaatu ai i tētahi paku āhuetanga o te whanaketanga o te tinana taiohi.

- a. Pātai ki ngā ākongā: Ki te ngaro te ira tāne, ka mahue atu te aha?
- e. Pātai ki ngā ākongā: Ki te ngaro te ira wahine, ka mahue atu te aha?
 - Ākina ngā ākongā ki te tuku pātai ki te pouaka tukutuku

7. Hei mahi kāinga

Mā ngā ākongā ngā kōrero ā-iwi, kōrero ā-tupuna e rangahau mō:

- te mana wahine, mō te tapu o te tinana me te whare tangata, hei wānanga mā ngā kōhine o te kura, oti rā mā te whānau katoa.
- te mana tāne, mō te tapu o tōna tinana me ngā haepapa tāne hei wānanga mā ngā taitama o te kura, oti rā mā te whānau katoa.

He rauemi ako anō

Tirohia te pukapuka a Ngahuia Murphy e karanga ana ko *Waiwhero* ki:

<https://waiwhero.com/buy-te-awa-atua-the-book/>

He kupu taka

taiaki	hormones
roro	brain
matamata	nipples
tātea	sperm
waitātea	semen
tora – tū (te ure)	erection

WĀHANGA 6: TAPU-IHI; WHATUMANAWA – HE TĀNE, HE WĀHINE

Te wā: 100 meneti

He whāinga

- Ka tūhura i ngā 'tikanga' o tēnei ao e tohutohu mai ana he aha e tika ana mō te tāne, mō te wahine, heoi, mō te tangata.
- Ka āta wetewete i ētahi āhuatanga ka whakaaturia e te ao pāpāho mō te tāne, mō te wahine, heoi, mō te tangata.

He Rauemi

- *Poi for Boys* ki: <https://drive.google.com/a/tpt.org.nz/file/d/0B-EKJiB6qBLicG43Z0JIOEVKVFU/view?usp=sharing>
- *Kaiwero wahine* ki: <http://www.maoritelevision.com/news/regional/ngati-waewae-rangatahi-first-female-generations-perform-wero>
- *A Place in the Middle* ki: <https://vimeo.com/121840165> (0:00 ki te 5:30, ko te katoa rānei)
- He whakaahua tāne, he whakaahua wāhine mai i tētahi niupepa, tētahi mōhini, tētahi ipurangi rānei, he mea kākahu rorotu he mea whutupōro/poitarawhiti; he mea kapa haka rānei
- *Te Pūhuruhurutanga* whārangi 40-41.
- He kāri ka whakamahia e te kaiako kia 4-5 ngā kohinga kāri pēnei nā:

he makawe roa	he mau tarau roa	he mau panekoti
he mahi poi	he mau rākau	he tākaro whutupōro
he haka	he tiaki tamariki	he mau hū teitei
he oma tere	he tākaro poitarawhiti	he hoe waka
he makawe poto	he ngutu whero	he tāroa

1. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te tapu, ki te ihi, ki te whatumanawa o te tangata
- e. Mā te kaiako te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

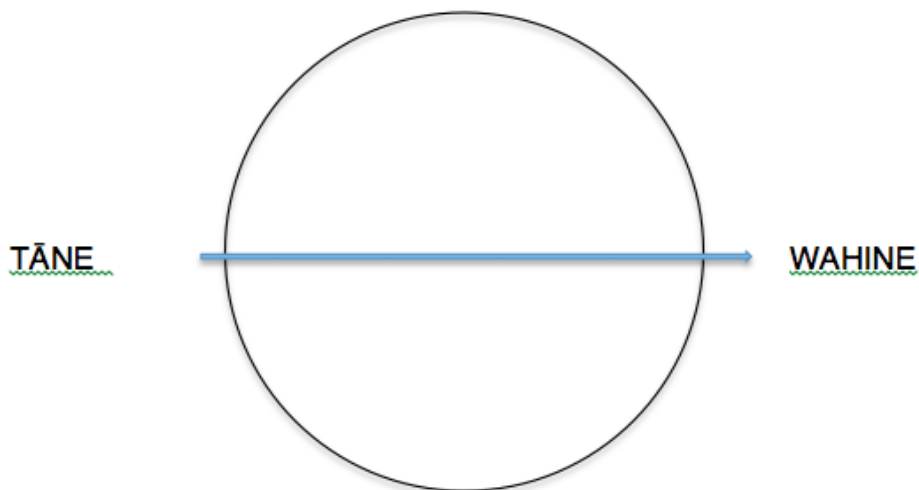
Hei mahi

1. He tūhura i ngā momo āhauatanga e kīia nei he āhauatanga tāne, he āhauatanga wahine rānei. (15 meneti)

He mahi ā-rōpū:

- a. Tuhia he rārangi pēnei ki te papatuhituhi

- TĀNE<-----> WAHINE
- Tuhia rānei he tūtohi pēnei:



- e. Ka hoatu he kohinga kāri ki tērā, ki tērā o ngā rōpū. Ka mea atu ki ngā rōpū kia tohaina ngā kāri ki te wāhi tika e ai ki tō te rōpū whakaaro (2-4 meneti)
- h. Ka wānangahia ngā kōwhiringa o ngā rōpū: I whiriwhiri pea ētahi kia whakawehewehe i te katoa ki ngā pito e rua, tēnā pea i whakawhiti kōrero, i wānanga, i tautohetohe rānei ētahi mō te wāhi tika hei whakatakoto i ia kāri.

2. He mātakitaki kiriata (20 meneti)

Ka whakamaharatia atu ki ngā tamariki te tautohetohe i ara ake mō te poi me te mau rākau, i te panonitanga o ngā ture mō te whakataetae kapa haka wharekura i te tau 2016.

Ka mātakitaki i ēnei kiriata e rua:



Poi for Boys ki: <https://drive.google.com/a/tpt.org.nz/file/d/0B-EKJiB6qBLicG43Z0JIOEVKFU/view?usp=sharing>



Kaiwero Wahine ki: <http://www.maoritelevision.com/news/regional/ngati-waewae-rangatahi-first-female-generations-perform-wero>

3. He pātai ki ngā ākonga (15 meneti)

a. Mā wai rānei te mahi poi? Wero? Mā wai ngā mahi kei runga i ngā kāri?

- Mea atu ki ngā rōpū, ki te waiho anō i ngā kāri ki tētahi wāhi o runga i te rārangi. He 'tāne' he 'wahine' kē atu ētahi kāri i ētahi atu? Kei waenganui tonu te katoa o ngā kāri?

- Ka whakamārama atu ki ngā ākonga:
Me mahara ake, he wai tāne, he wai wahine, he taiaki tāne, he taiaki wahine kei roto i a tātou katoa. Ko ēnei mea, me ngā tikanga ā-noho o tō ao, ka whāngai i ngā taha e rua o tō whatumanawa. Kei reira, kei tō whatumanawa kē tōu ake tūranga i te ao nei.

4. He pitopito kōrero mō te 'hoa' (20 meneti)

- Ka pātai ki ngā ākonga: Whakaarohia ngā kōrero whakaiti/whakahāwea, kua rangona e koe mō te tama makawe roa, mō te kōtiro purei whutupōro rānei.
- Pānuitia *Te Pūhuruhurutanga* whārangi 40-41.

5. He mahi ā-rōpū: He pitopito kōrero

- Mā te kaiako e whakamārama atu: Whakaarohia, waihangahia rānei he kōrero e whakaatu ana i te mahi a te hoa pai (h.t., ka whakaweti tētahi rōpu i te tama, ā ka haramai tana hoa ki te tautoko i a ia), e whakaatu ana rānei i te mahi a te taiohi kāore nei i te hoa pai (h.t.: ka akiaki tētahi kōtiro i tana hoa ki te whānako rare i te toa). Ka mutu, mahia hei pitopito kōrero (rīpoata mō te reo irirangi/MTV/ ipurangi) e pā ana ki te/ngā taiohi "hoa pai", mō te/ngā taiohi kāore nei i te "hoa pai" rānei. Whakaaturia ki te akomanga.

6. He mahi ā-akomanga (15 meneti)



- Mātakina te tīmatanga o te kiriata, ko *A Place in the Middle* ki:

<https://vimeo.com/121840165> (0:00 ki te 5:30, ko te katoa rānei)

Whakawhitiwhiti kōrero mō te tamaiti i te whitiata rā, tana whai wāhi ki roto i tana kura, pēhea tōna kaiako i whakanui i a ia, me te whai-wāhitanga o tana taha *kāne* me tōna taha *wahine* ki roto i tōna ao.

Hei whakakapi (10 meneti)

Mā te taiohi anō te huarahi e tika ana mōna e whiriwhiri. Ko te mea nui kē, kia kaua e whakahāwea i te tangata. Hei tauira: E tū hei hoa pai! E tū tangata!

He mahi ā-rōpū (5 meneti)

Waihangatia he tohu ā-ringa, ā-tinana rānei, me tētahi rerenga kōrero/waiata e whakaatu ai i ngā āhuatanga o te hoa pai, o te tangata e whai kaha ana ki te eke ki tō tōna whatumanawa e hiahia ai.

Ākina ngā ākonga ki te tuku pātai ki te pouaka tukutuku.

He kupu taka

Kāne	tāne
kākahu rorotu	fashion

He rauemi tautoko anō

- He wāhine Māori ka wero i te 'tikanga' mau panekoti ki <http://www.teara.govt.nz/en/photograph/41124/maori-women-dress-reformers-1906>

WĀHANGA 7: NGĀKAU – NGĀ KARE Ā-ROTO, ME TE HŌKAKATANGA

Te wā: 95-100 meneti

He whāinga

- Ka tūhura i ētahi āhuatanga o te ngākau, arā, ngā kare ā-roto, ngā hoa, te hōkakatanga, me te whakaweti.
- Ka tūhura i ngā āhuatanga ka kaha pēhi i te tangata, ā, ko ngā ratonga o waho o te tangata, tōna whānau, ōna hoa rānei hei āwhina i a ia.

He Rauemi

- *Te Pūhuruhurutanga wh 20, 35, 37-41*
- He rorohiko, he puka ratonga rānei
- Tēnei kiriata mō te 'consent' arā, mō te whakaae:
<https://www.youtube.com/watch?v=pZwvrxVavnQ>
- Tēnei kiriata (atu i te 5:20, te katoa rānei) mō Danielle Hayes e toro atu ana ki tōna whānau hei āwhina i a ia: <https://www.youtube.com/watch?v=mjSc-FXxGjQ>

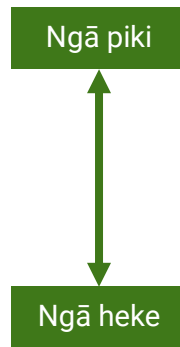
1. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te ngākau o te tangata.
- e. Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

2. Hei mahi: He kare ā-roto (20 meneti)

- a. Ka whakamārama atu te kaiako
 - Ko te pūhuruhurutanga tētahi wā ka pupū ake ngā momo kare ā-roto, arā, he nui ngā piki me ngā heke o tēnei wā. He mea whakaawe e ngā taiaki e rere nei i roto i a koe, tō iho matua, me ngā tini āhuatanga o te ao ka pā atu ki a koe.
- e. Pānuitia *Te Pūhuruhurutanga wh. 20.*

- h. Mā ngā ākongā ngā kupu kare ā-roto i te whārangi e tīpako, ka waiho ki tētahi tūtohi rārangi mai i 'Ngā piki' ki 'Ngā heke'.



- i. Pānuitia *Te Pūhuruhurutanga* wh. 20: Whakamā, tino aro ki ngā whakaaro o tētahi, hiahia ana he wāhi mōku ake, mate tāne/wahine, pukuriri, āwangawanga.
- He kare ā-roto atu anō:
Koa, Mīharo, Pāmanawa, Hēmanawa, Wairangi, Māia, Hīkaka,
Taimaha/taumaha, Wehi, Kaha, Mauriohoho, Tangitangi, Mataku, Hihiri,
Mauritau, Pōraruraru, Ngenge/Mgoikore, Hōkaka, Kōtore whererei.

3. He mahi ā-rōpu (10 meneti)

- a. Mā tērā, mā tērā ākongā e kōrero mō ētahi wā i heke ōna kare ā-roto, kātahi ka whai rautaki ia ki te piki ake i taua hekenga.

Hei tauira:

1. “I whakataka au i te whutupōro, anā i kōrero mai a Mea he koretake au. Nā tana kōrero i āhua pukuriri, āhua whakamā au. I muri tata mai, ka hopu au i te pōro, kātahi ka whai kaha au ki te oma tere, ā ka whiwhi tarai au, nā taku kaha hiahia ki te piki ake i tērā āhuetanga.”
2. “E hia kē ngā marama i whakaweti mai tētahi rōpū tama i a au i te kura, kāore te kaiako i aro mai. Ka kōrero ki aku hoa, ki aku mātua, kāore rātou i tino aro mai. Kātahi ka kōrero au ki taku kuia. I te rā whai muri mai ka tae ia ki te kura, ka karangahia he hui-ā-whānau. Mutu ana ngā whakawhitiwhiti kōrero, ka tuku mihi mai ngā tama, ā, ka mutu te whakaweti i reira.”

e. Mā te kaiako e whakamārama:

I ētahi wā ka whai kaha koe ki te piki ake i ngā heke, i ētahi wā me whai āwhina pea kia piki.

Kei hea ngā wāhi āwhina mōu:

- I te kāinga?
- I te kura?
- I te hapori?

h. Mātakitakina tēnei kiriata (atu i te 5:20, te katoa rānei) mō Danielle Hayes e toro atu ana ki tōna whānau hei āwhina i a ia.



<https://www.youtube.com/watch?v=mjSc-FXxGjQ>

He mahi rangahau (20 meneti)

a. Ka rangahau e ngā ākonga ngā ratonga o te hapori (i tua atu i te whānau me te kura) hei āwhina i a rātou.

e. Mā ngā tauira e whai ngā mokanga o ngā ratonga tiaki i te hauora hinengaro o te tangata. Me whai hoki i ngā mōhiohio e whai ake nei:

- Te ingoa o te ratonga
- He ratonga Māori rānei tēnei ratonga?
- He aha te mahi matua a te ratonga nei?
- He aha ngā nama waea, īmēra, pātanga kōrero mō te ratonga?
- Ka pēhea te tawhiti o te ratonga i tō kura?

h. Whakamahia a Publisher hei whakaputa i ngā kōrero mō ēnei ratonga hauora, ka puritia hei rauemi mō te akomanga.

i. Ka whakamārama atu te kaiako

- Mā tō whānau pea koe e āwhina i te nuinga o te wā, heoi, i ētahi wā pea, ka hiahia koe ki te toro atu ki ētahi ratonga kē. Mā ngā ākongā e waihanga he tūtohi (hei tauira, tūtohinga ripo) ka whakaatu i te huarahi mō te tangata e piki ai i te hekenga pōuri/pukuriri. Hei tauira:

Kei te pēhea koe? → Kei te pukuriri?
→ Kei te pōuri?
→ Kei te whakamā?

Āe → Haere ki te oma Kāo
→ Haere ki tō wāhi whakatau mauri

Āe (Kei te pērā tonu) → kōrero ki tētahi whanaunga tata Kāo
→ kōrero ki tō kaumātua

Āe (kei te pērā tonu atu) → toro atu ki te ratonga hauora pērā i: Kāo
○ Youthline
○ Te Ahurei a Rangatahi
○ tō tākuta

Ka pai kē!

- Whakamahia a Publisher hei whakaputa i te tūtohi, me whakauru ki roto ko 'te kōrero ki te whānau' me āu kōrero rangahau mō ngā ratonga hauora.
- Tāngia, ā, whakairihia ki te pakitara o te akomanga, ka tāpiri rānei ki ērā o ō hoa hei pukapuka.

Ko te hōkakatanga

Ka whakamārama atu te kaiako:

Ko tētahi o ngā kare ā-roto ka pupū ake i te pūhuruhurutanga, ko te hōkakatanga. Arā, ko te mate tāne tērā, ko te mate wahine tērā me kī ko te mate tangata tērā, ko te minamina tangata tērā.

Pānuitia *Te Pūhuruhurutanga wh. 38-39*

He mahi ā-rōpū (15 meneti)

Ka tuhia ēnei kōrero e whai ake nei ki runga kāri, ka hoatu ki ngā rōpū hei pānuitanga, hei whakawhitinga kōrero mā rātou.

I ētahi wā, ka hiahia te taiohi ki te whai wā i te taha o ōna hoa ahakoa he tāne, he wāhine rānei.	Ki te hōkaka te taiohi ki tētahi, me pupuri tēnā hiahia hei kōrero muna noa, ka whākī atu rānei?
I ētahi wā, ka hiahia te taiohi ki te whai wā i te taha o tētahi hoa motuhake.	I tētahi wā ka hōkaka au ki tētahi, engari ka tino whakamā au ki te kōrero ki a ia.
I tētahi wā ka hōkaka pea te taiohi ki tētahi o ōna hoa kātahi ka hōkaka ki te tangata whutupōro i te pouaka whakaata.	Mēnā ka whakahāweatia te tangata mō tōna aronga hōkakatanga, ka takahia tōna mana me tōna wairua.
Kei tēnā, kei tēnā tangata tōna ake momo aronga hōkakatanga.	Ko te ‘takatāpuī’ tētahi kupu mō te wahine hōkaka wahine, mō te tāne hōkaka tāne.
Kāre te tangata e whiriwhiri i tōna momo hōkakatanga, he hua kē ake tērā nō tōna ake wairua.	Ko te ‘heterosexual’ te kupu Ingarihi mō te wahine hōkaka tāne, mō te tāne hōkaka wahine.
Mai i taku tamaititanga kua rongu au i tōku aronga hōkakatanga i ētahi wā.	Ka pā anō te kupu ‘takatāpuī’ ki ngā tāngata whakatāne, whakawahine hoki.
<i>[mā te kaiako e tīpako ētahi atu kupu ingarihi me ētahi atu kupu Māori rānei hei tuhi ki ēnei kāri (h.t., gay, lesbian, asexual)]</i>	

Ka whakamārama atu te kaiako:

I ētahi wā ka hōkaka koe ki te tangata, engari ehara tonu i te mea ka hiahia koe ki te kihi atu, ki te moe tahi rānei.

He kōrero mō te moe tahi me te onioni (20 meneti)

Pānuitia *Te Pūhuruhurutanga* wh 34.

Ko te moe tahi, ko te onioni he mahi motuhake i waenganui i ngā tāngata e whakaae ana ki te mahi.



Me whakaae rā anō ngā tāngata i mua i te mahi onioni. Ki tā te ture titiro, kāore anō te tamaiti, te taiohi rānei e rite ana ki te whakaae i mua i te 16 o ngā tau. He ture tēnei hei tiaki i ngā tamariki me ngā taiohi.

Mātakitakina te kiriata mō te 'consent' arā, mō te 'whakaae':

<https://www.youtube.com/watch?v=pZwvrxVavnQ>

Whakamāoritia ngā kōrero (tēnā pea, mā tērā rōpū, mā tērā rōpū tētahi wāhanga o te kiriata e whakamāori).

Hei whakakapi (5 meneti)

He mahi ā-rōpū:

Waihangatia he tohu ā-ringa, ā-tinana rānei, me tētahi rerenga kōrero/waiata e whakaatu ai i ngā āhuatanga o te ngākau – arā, te heke me te piki ake anō o ngā kare ā-roto.

He kupu taka

takatāpui	gay, lesbian, bisexual, transgender, intersex or part of the rainbow community
heterosexual	persons attracted to people of the opposite sex
tūtohunga ripo	flow chart
minamina	to desire, feel an inclination for, wish
aronga hōkakatanga	sexual orientation
onioni	sexual intercourse

WĀHANGA 8: PUNA WAIHANGA—TE AROHAEHAE I TE AO PĀPĀHO, ME TE AROMATAWAI

Te wā: 90 meneti

He whāinga

- Ka arohaehae i tā te ao pāpāho whakaatu i te 'ātaahua/purotu'.
- Ka aromatawai i ngā āhuatanga kua ākona i ngā wiki kua hipa.

He Rauemi

- He rorohiko, pepa rānei
- He nuipepa auraki, he mōhini auraki rānei
- *Te Pūhuruhurutanga* wh. 48-49, 50
- Ko ētahi kiriata, ko *Body Evolution*, ko *Before and After Photoshop Models*, me te *Before and After Photoshop Male Models* (mā te kaiako e rapu mā Google).
- He waiata kei te ipurangi, ko *Taku Wahine Purotu*.
<https://www.youtube.com/watch?v=WBAgkDsWtu4>

Hei mahi

1. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te puna waihanga o te tangata.
- e. Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

2. He whakawhitiwhiti kōrero mō ngā kupu ātaahua/purotu (10 meneti)

Ka pātai atu ki ngā ākonga:

- a. He aha te rerekētanga o te 'purotu' me te 'ātaahua'?
 - Ki te whakawehe rātou i ngā kupu ā-tāne, ā-wahine, tīpakohia ētahi mōteatea, waiata, pakiwaitara rānei e whakamahi ana i aua kupu mō te tāne me te wahine.

- H.t.: Poi atu taku poi: "...taku wahine purotu, taku tāne purotu..."; He waiata anō kei te ipurangi ko *Taku Wahine Purotu* hei whakaatu ki a rātou he kupu ēnei mō te katoa, kua mō tētahi hunga ira anake. Tirohia: <https://www.youtube.com/watch?v=WBAgkDsWtu4>

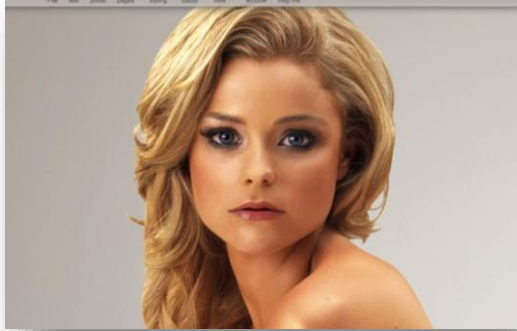


- e. Ka whakamahara atu te kaiako mō te āhuatanga o te kupu, arā, ka huri ngā tau, ka panoni pea te tikanga o te kupu. Arā, ka hāngai ngā panonitanga tikanga ki te wā, ki te wāhi, ki te reanga, me ngā reo kē ka kōrerohia whānuitia (pērā i te reo Ingarihi).

3. He pānui hokohoko (40 meneti)

- a. Ka pātai te kaiako ki ngā ākonga mō ngā momo pānui hokohoko kua kitea e rātou mō ngā kākahu, hū, inu, kai. He pēhea te āhua, te hanga rānei o ngā tāngata i aua pānui hokohoko?
 - He momo whakautu: He ātaahua, he Pākehā, he roa ngā waewae, he whīroki te tinana. (5 meneti)
- e. Pānuitia *Te Pūhuruhurutanga* wh. 48-49 (5 meneti)
- h. Tirohia ngā whakaahua i ngā pānui hokohoko kei te ipurangi, kei roto niupepa rānei. Mā ngā ākonga e whiriwhiri whakaahua o tētahi tangata ātaahua mai i ngā mōhini, te niupepa rānei (5 meneti).

- i. Rapua ēnei kupu i te ipurangi², ko te *Before and After Photoshop Models*, me te *Before and After Photoshop Male Models*.



Mātakina rānei te kiriata ko *Body Evolution*:

<https://www.youtube.com/watch?v=17j5QzF3kqE> (5 meneti)

- k. Wānangahia ngā rerekētanga o ngā whakaahua o mua, o muri, me ngā mea kua panoni. Mā tēnei ngā tamariki e mārama ai ehara mā ngā whakaahua mōhini e whakaari i te tangata tūturu. (15 meneti)

He momo pātai:

- He aha rātou e pērā ai?
 - Ko ngā whakaahua kua whiriwhiri e koutou, he mea tūturu? He mea raweke rānei kia pōhehe ai koutou e pērā ana te āhua, te hanga rānei o aua tāngata?
- m. Pānuitia tahitia *Te Pūhuruhurutanga* wh. 50 (Hei tauira, mā tērā ākongā, mā tērā ākongā tētahi rerenga kōrero e pānui ā-waha) (5 meneti)
- n. Ka whakamahara ake te kaiako i ngā whanaunga nā ngā ākongā i whiriwhiri i ngā mahi o te Wāhanga 2. E hāngai ana tō rata ki taua whanaunga ki tōna 'ātaahua ā-waho'? He ātaahua ā-roto kē rānei ōna?

² Mā te kaiako pea e whakarite te rapunga i mua i te wā ako, kia taea te whiriwhiri i ngā momo whakaahua e tika ana hei tirohanga mā ngā ākongā.

He mahi takirua (5 meneti)

Ka whakawhiti kōrero ngā rōpū tokorua, mā ia tokorua e tuhituhi kia rua ngā rerenga kōrero, arā, ko tētahi mō tōna ātaahuatanga ā-waho, ā, ko tētahi atu mō tōna ātaahuatanga ā-roto.

4. He aromatawai mō ngā wiki kua hipa (15 meneti)

He mahi ā-rōpū:

a. Mā ngā ākongā e whakautu anō ngā pātai o te Wāhanga 1 – ka tuhi i ngā whakautu ki runga i ētahi pepa piripiri (pepa iti me te kāpia rānei) – kia rerekē te tae i tērā o te Wāhanga 1.

e. He aha ngā mahi a te taiohi/tuakana?

He momo whakautu:

- He tiaki/ārahi i ngā teina; mau pare-ū, he āwhina i ōna mātua ki te kāinga, he hiahia nōna ki te mahi tahi ki ōna hoa.

h. He aha ngā tohu ā-ngākau/hinengaro o te taiohi/tuakana?

He momo whakautu:

- He aroha nui ki tana whānau, he tohetohe, he mate tāne, mate wahine, mate tangata, he tino pukuriri/harikoa i ētahi wā.

i. He aha ngā tohu ā-tinana o te taiohi/tuakana?

He momo whakautu:

- He nui ake ngā tuakana i ngā tēina, ka huruhuru ā-raro/ngā kēkē, ka rerekē pea ngā makawe, ka tipu tere te tinana i ētahi wā/wāhi.

Hei whakakapi (20 meneti)

He mahi ā-rōpu: he whakanui i te taiohitanga

Mā ngā taiohi e waihanga, e whakawai hoki i tētahi pepe takimanawa, he waiata rānei, hei whakaatu atu ki te akomanga katoa i ētahi o ngā mahi ā-ringā/ā-tinana kua ākona e rātou i ngā wiki kua hipa e pā ana ki Te Tuakiri o te Tangata me tēnei mea te Pūhuruhurutanga.

Kupu Taka

Pepe takimanawa recitation/rap
