



TE IRA TANGATA

Version 3.0

2017



Te Whāriki Takapou

TE IRA TANGATA

E ngā mana, e ngā reo, e ngā karangatanga maha o ngā hau e whā, tēnā koutou katoa.

Nei rā te reo mihi o Te Whāriki Takapou ki:

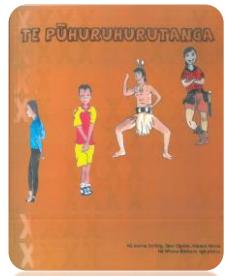
Ngā Kura Kaupapa Māori i wānanga tahi, i mahi tahi, i hikoi tahi hoki i tō mātou taha kia oti pai ai te kaupapa nei. E kore e mutu ngā mihi ki a koutou.

Te Manatū Hauora

Kapohia Limited (Maraea Hunia)

MŌ TĒNEI RAUEMI:

1. Kia whakaako pai koe i tēnei hōtaka, me matua whiwhi koe, otirā āu tauira i tētahi kape o te rauemi e kī ana ko *Te Pūhuruhurutanga*, nā Amiria Stirling, Sean Ogden, Maraea Hunia i tuhi. Tono atu ki te whārangi ipurangi o *Down the back of the chair hei hoko*: <http://www.thechair.co.nz/>
2. Ko te nuinga o ngā rauemi ipurangi kei roto i tā mātou hōtaka nei, kua tikina ake nā te mea he rauemi e wātea ana ki te marea, me kī, he mea tango mai i ngā wāhi tūmatanui pēnei i te YouTube hei rauemi kaiako, hei rauemi whakaako. Heoi anō, kia mataara tonu ki ngā āhuatanga ohorere o te ipurangi.
3. I mua i te whakaako i tētahi kaupapa hōkakatanga, me pānui te tuhinga aratohu nā Te Tāhuhu o te Mātauranga hei āwhina i a koe: <http://health.tki.org.nz/Teaching-in-HPE/Policy-guidelines/Sexuality-education-a-guide-for-principals-boards-of-trustees-and-teachers>
4. Kua rāhuitia ngā tika katoa. Kāore e whakaaengia kia tāruatia tētahi wāhi o tēnei pānuitanga, hāunga ko ngā whārangi hei whakamahi mā ngā ākonga, kia āta whakaaetia rā anō e te hunga kei a ia te manatā, arā ko mātou o Te Whāriki Takapou.
5. Ki te hiahia mōhiohio anō, he tautoko atu anō hoki, tēnā, whakapā mai ki a mātou:



Te Whāriki Takapou

Īmēra: tewhariki@tewhariki.org.nz

Whārangi Ipurangi: <http://tewhariki.org.nz/>

TE IRA TANGATA

| TE TUAKIRI O TE TANGATA | NGĀ KAUPAPA AKO | HE WHĀINGA | HE RAUEMI |
|------------------------------------|---|--|---|
| 1. Mauri | Te whanaketanga ake o te tamaiti ki te taiohi | Aromatawai Arataki: Ka tūhura i ngā mōhiotanga o te tamaiti mō te whanaketanga ake o te tamaiti ki te taiohi, arā te pūhuruhurutanga o te tangata Ka whakamārama i te mahere ako mō ngā wiki e heke mai ana | <ul style="list-style-type: none"> He pepa A1 He pepa piripiri (he pepa me te pia rānei) <ul style="list-style-type: none"> - Me ōrite te tae o ngā pepa/ pepa piripiri katoa hei tūtohi i te māramatanga <i>arataki</i> o te ākonga (I mua i te mahi whakaako) He pouaka tukutuku. Hei tauira: he pouaka hū, he kōwhao kei tana taupoki Pukapuka kaupapa, pepa rānei – hei tohu i ngā whāinga taiohi |
| 2. Iho matua & Pūmanawa | Te whakapapa me te whanaungatanga arā, ko ngā āhuatanga, ngā pūmanawa ka heke mai i ū mātua tūpuna | Ka tūhura i te hekenga mai o te mauri tangata i te iho matua, arā, ko te whakapapa, te whanaungatanga hoki | <ul style="list-style-type: none"> Pukapuka kaupapa, he pepa rānei |
| 3. Tapu & ihi | He aha tēnei mea te tikanga? | Ka tūhura i tēnei mea te tikanga: arā, ngā tikanga tapu hei ārahi i te tangata ki te mahi tika, me te ihi o te tangata ka ārahi i a ia ki te eke panuku Ka whakarite tikanga mōku ake, kia eke ai au ki ūku whāinga | <ul style="list-style-type: none"> He mahi ‘tikanga’ <i>Te Pūhuruhurutanga</i> wh. 21 |
| 4. Hinengaro | He tikanga anō tō te kupu, tō te tohu | He tūhura i ngā āhuatanga o te wero/whati tikanga o te taiohi He whai whakaaro, he tūhura i ngā tikanga ā-kupu ā-ringa/ā-karu, ā-pānui [signs] | <ul style="list-style-type: none"> <i>Te Pūhuruhurutanga</i> wh. 21 He tuhituhinga, he kōrero rānei mō te wehenga o Rangi rāua ko Papa <i>Tama Tū</i> https://www.youtube.com/watch?v=VkWzbMzW3B8 He pikitia tohu, hei tauira: tohu whakatū motokā, tohu whareiti, te wahine ‘ātaahua’ (whīroki) He pūmanawa tautono: <i>Te Wehenga o Ranginui rāua ko Papatūānuku</i> <ul style="list-style-type: none"> - https://itunes.apple.com/us/app/ng%C4%81-atua-m%C4%81ori-book-2-te-wehenga-o-ranginui-r%C4%81ua-ko/id922378976?mt=8&ign-mpt=uo%3D4 - https://play.google.com/store/apps/details?id=com.kiwamedia.android.qbook.nam0002 |
| 5. Mana & Wehi | Te whanaketanga ā-tinana o te pūhuruhurutanga | Ka tātu te tauira i ngā tini whanaketanga ā-tinana o te tangata i te wā o te pūhuruhurutanga, ā, pakeke noa | <ul style="list-style-type: none"> <i>Te Pūhuruhurutanga</i> wh. 4-19 <i>Rotarota e Pā ana ki te Wahine</i> https://www.youtube.com/watch?v=Jgx4ZwcsuIk <i>Tāne Ora</i> https://www.youtube.com/watch?v=LL-HzH6l2l8&nohtml5=False He ‘kāri whanake’ |

- mā te kaiako e tīpako ētahi o ngā whanaketanga tinana ā-tangata, ā-kōtiro, ā-tama, ā, ka tuhituhi tētahi ki tērā, ki tērā o ngā kāri

| | | | | | | | | | | | | | | | | | | |
|-----------------------|---------------------------|---|---|-----------------|--------------------|-------------------|---------------|----------------|-----------------------|-----------|---------------------|--------------------|---------------|--------------------------|---------------|------------------|------------------|------------|
| 6. Whatumanawa | He tāne, he wāhine | <p>Ka tūhura i ngā ‘tikanga’ o tēnei ao e tohutohu mai ana he aha e tika ana mō te tāne, mō te wahine, heoi, mō te tangata</p> <p>Ka āta wetewete i ētahi āhuatanga ka whakaaturia e te ao pāpāho mō te tāne, mō te wahine, heoi, mō te tangata</p> | <ul style="list-style-type: none"> • <i>Poi For Boys</i> nā te hōtaka pouaka whakaata o Hahana https://drive.google.com/a/tpf.org.nz/file/d/0B-EKJiB6qBLicG43Z0JIOEVKVFU/view?usp=sharing • <i>Kaiwero Wahine</i> nā te hōtaka pouaka whakaata o Te Kaea http://www.maoritelevision.com/news/regional/ngati-waewae-rangatahi-first-female-generations-perform-wero • <i>A Place in the Middle</i> https://vimeo.com/121840165 (0:00 ki te 5:30) • He whakaahua tāne, he whakaahua wāhine mai i tētahi niupepa, tētahi mōhini, tētahi ipurangi rānei, he mea kākahu rorotu he mea whutupōro/poitarawhiti; he mea kapa haka rānei • <i>Te Pūhuru Hurutanga</i> whārangī 40-41. • He kāri ka whakamahia e te kaiako kia 4-5 ngā kohinga kāri pēnei nā: <table border="1"> <tbody> <tr> <td>• he makawē roa</td><td>• he mau tarau roa</td><td>• he mau panekoti</td></tr> <tr> <td>• he mahi poi</td><td>• he mau rākau</td><td>• he tākaro whutupōro</td></tr> <tr> <td>• he haka</td><td>• he tiaki tamariki</td><td>• he mau hū teitei</td></tr> <tr> <td>• he oma tere</td><td>• he tākaro poitarawhiti</td><td>• he hoe waka</td></tr> <tr> <td>• he makawē poto</td><td>• he ngutu whero</td><td>• he tāroa</td></tr> </tbody> </table> | • he makawē roa | • he mau tarau roa | • he mau panekoti | • he mahi poi | • he mau rākau | • he tākaro whutupōro | • he haka | • he tiaki tamariki | • he mau hū teitei | • he oma tere | • he tākaro poitarawhiti | • he hoe waka | • he makawē poto | • he ngutu whero | • he tāroa |
| • he makawē roa | • he mau tarau roa | • he mau panekoti | | | | | | | | | | | | | | | | |
| • he mahi poi | • he mau rākau | • he tākaro whutupōro | | | | | | | | | | | | | | | | |
| • he haka | • he tiaki tamariki | • he mau hū teitei | | | | | | | | | | | | | | | | |
| • he oma tere | • he tākaro poitarawhiti | • he hoe waka | | | | | | | | | | | | | | | | |
| • he makawē poto | • he ngutu whero | • he tāroa | | | | | | | | | | | | | | | | |

| | | | |
|------------------|---|--|---|
| 7. Ngākau | Ngā kare ā-roto, me te hōkakatanga | <p>Ka tūhura i ētahi āhuatanga o te ngākau, arā, ngā kare ā-roto, ngā hoa, te hōkakatanga, me te whakaweti</p> <p>Ka tūhura i ngā āhuatanga ka kaha pēhi i te tangata, ā, ko ngā ratonga o waho o te tangata, tōna whānau, ūna hoa rānei hei āwhina i a ia</p> | <ul style="list-style-type: none"> • <i>Te Pūhuru Hurutanga</i> wh 20, 35; 37-41 • He rorohiko, he puka ratonga rānei • Tēnei kiriata mō te <i>Consent</i> arā, mō te <i>Whakaae</i> https://www.youtube.com/watch?v=pZwvxrVavnQ • Tēnei kiriata (atu i te 5:20, te katoa rānei) mō <i>Danielle Hayes</i> e toro atu ana ki tōna whānau hei āwhina i a ia https://www.youtube.com/watch?v=mjSc-FXxGjQ |
|------------------|---|--|---|

| | | | |
|-------------------------|---|--|---|
| 8. Puna Waihanga | Te arohaehae i te ao pāpāho, me te aromataawai | <p>Ka arohaehae i tā te ao pāpāho whakaatu i te ‘ātaahua/purotu’</p> <p>Ka aromataawai i ngā āhuatanga kua ākona i ngā wiki kua hipā</p> | <ul style="list-style-type: none"> • He rorohiko, pepa rānei • He nuipepa auraki, he mōhini auraki rānei • <i>Te Pūhuru Hurutanga</i> wh. 48-49, 50 • Ko ētahi kiriata, pēnei i te: <i>Body Evolution, Before and After Photoshop Models</i>, me te <i>Before and After Photoshop Male Models</i>. https://www.youtube.com/watch?v=17j5QzF3kqE • He waiaata kei te ipurangi, ko <i>Taku Wahine Purotu</i>: https://www.youtube.com/watch?v=WBAgkDsWtu4 |
|-------------------------|---|--|---|

WĀHANGA 1: MAURI – HE AROMATAWAI ARATAKI

Te wā: 60 meneti

He Whāinga

- **Aromatawai Arataki:** Ka tūhura i ngā mōhiotanga o te tamaiti mō te whanaketanga ake o te tamaiti ki te taiohi, arā te pūhuruhurutanga o te tangata
- **Ka whakamārama** i te mahere ako mō ngā wiki e heke mai ana

He rauemi

- He pepa A1
- He pepa piripiri (he pepa me te pia rānei)
Kia mōhio mai: Me ūrite te tae o ngā pepa/ pepa piripiri katoa hei tūtohi i te māramatanga arataki o te ākonga (*i mua i te mahi whakaako*)
- He pouaka tukutuku (Hei tauira, he pouaka hū, he kōwhao kei tana taupoki)
- Pukapuka kaupapa rānei, pepa rānei – hei tohu i ngā whāinga taiohi.

Hei mahi

1. He whakawhitiwhiti kōrero (15 meneti)

Ka pātai te kaiako:

- He aha ēnei mea te teina me te tuakana?

He momo whakautu:

- He iti iho te teina i te tuakana
- He whanaunga tata
- Ka tiaki te tuakana i te teina, ka whakarongo te teina ki te tuakana

- He aha te rerekētanga o te teina ki te tuakana?

He momo whakautu:

- He ūrite nā te mea ko te taiohi, he teina anō i mua
- Ka rerekē ō whakaaro inā eke koe ki te taumata taiohi

- He aha ngā tohu o te tuakana/taiohi?

He momo whakautu:

- Kua nui
- Kua mōhio au ki te tiaki i aku teina
- Kua whanake taku tinana

2. He whakawhitiwhiti kōrero ā-rōpu (20 meneti)

- Kia 2-4 ngā ākonga kei ia roopū
- Ka hoatu he whārangī A1 ki tērā, ki tērā o ngā rōpū
 - a. Me whai wāhi ia tamaiti ki te tūranga kaituhituhi
 - e. Ka āta tuku haere te kaiako i ngā pātai e whai ake nei, ā, ka tono haere i ngā tamariki ki te matapaki i ū rātou whakautu
 - h. Mā te kaituhituhi te pātai e tuhituhi ki tētahi pepa piripiri (tētahi atu momo pepa rānei), ā, ka tuhituhi i ngā whakautu a te rōpū ki taua pepa tonu.

He pātai matua / He momo whakautu:

- i. He aha ngā momo mahi ka riro mā te taiohi/tuakana?

He momo whakautu:

- He tiaki/ārahi i ngā teina
 - mau pare-ū
 - he whai whakaaro ki tōna āhua – ā-kākahu, ā-tinana
 - he kawe i ētahi haepapa hei āwhina i ūna mātua ki te kainga
- k. He aha ngā tohu ā-ngākau/ā-hinengaro o te taiohi/tuakana?

He momo whakautu:

- He aroha nui ki tana whānau
- he tohetohe
- he minamina tangata (mate tāne/wahine)
- he tino pukuriri/harikoa i ētahi wā

m. He aha ngā tohu ā-tinana o te taiohi/tuakana?

He momo whakautu:

- He nui ake i ngā tēina
- ka huruhuru ā-raro/ā-kēkē
- ka rerekē pea ngā makawē
- ka tere tipu te tinana i ētahi wā/wāhi
- ka āhua tipu ngā ū, te hope, te ure/tone
- ka tāroa haere, ka rahi haere te tinana

n. I a koe e teina tonu ana, he aha ū whāinga taiohi?

He momo whakautu:

- I te hiahia au ki te oma tino tere
- I te hiahia au ki te mahi i āku ake mahi

ng. He aha hei whāinga taiohi mōu ināianei? Tuhia tō whāinga taiohi hou ki tō pukapuka, ki runga pepa rānei.

- o. Mā ngā ākonga ā rātou pepa piripiri e whakapiri ki ngā whārangia A1 tika mō tō rōpū.

3. He whakamārama (15 meneti)

- a. Mā te kaiako e whakamārama atu ki ngā ākonga he aha te kaupapa o te pouaka tukutuku, arā, mā ngā ākonga ā rātou pātai e tuku ki roto, nā wai rā ka whakautua e te kaiako te mahere whakaako nei (ki te whai wā, ki te whakaetia hoki).
- e. Ka whakamārama hoki te kaiako i te kupu pūhuruhurutanga, arā, ko ngā tini āhuatanga o te huringa o te tamaiti hei taiohi, hei tauira te pūhuruhuru haere o te tinana, me ērā atu āhuatanga o roto, o waho, ā-tinana, ā-hinengaro.
- h. Ka pātai te kaiako:
He pātai anō ā koutou mō te taiohitanga/pūhuruhurutanga? Mehemea he pātai anō ā koutou hei ngā wiki e 8 e heke mai ana, tuhia, ā, tukua ki te pouaka.
- i. Mā ngā ākonga e tuhi ū rātou whakaaro, ā, ka tuku ki te pouaka.

He momo whakautu:

- me pēhea au e mōhio ai e minamina mai ana tētahi ki a au?
- Āhea taku ikura e tīmata ai?
- Inā kihi au ki tētahi ka pā mai ūna moroiti tahumaero ki a au?
- He aha te tikanga o te kupu menstruation?

Hei whakakapi

4. He whakamārama (10 meneti)

Mā te kaiako e āta whakamārama te kaupapa o te mahere whakaako me ūna tini kaupapa ka whārikihia, arā:

Ka whakamāramatia te tuakiri o te tangata me ngā kaupapa ka kōrerohia, i ia wiki, i ia wiki.

Arā:

1. Te mauri: (kua oti)
2. Te iho matua: Ka heke mai tō mauri i te iho matua – he pūkenga, he pūmanawa ka heke mai i tō whakapapa
3. Te ihi me te tapu: Ka tūhura i tēnei mea te tikanga hei taonga ārahi i te tangata
4. Te hinengaro: Ka tūhura i ngā āhuatanga o te wero/whati tikanga o te taiohi. Ka tūhura hoki i ngā tikanga ā-kupu ā-ringa/ā-karu, ā-pānui [signs]
5. Te mana me te wehi: Ka tātu i ngā tini whanaketanga ā-tinana o te tangata i te wā o te pūhuruhurutanga, ā, pakeke noa

6. Te whatumanawa: Ka tūhura i ngā ‘tikanga’ o tēnei ao e tohutohu mai ana he aha e tīka ana mō te tāne, mō te wahine, heoi, mō te tangata rānei. Ka āta wetewete i ētahi āhuatanga ka whakaaturia e te ao pāpāho e tika ana mō te tāne, mō te wahine, heoi, mō te tangata
7. Te ngākau: Ka tūhura i ētahi āhuatanga o te ngākau, arā, ngā kare ā-roto, ngā hoa, te hōkakatanga, me te whakaweti. Ka tūhura i ngā āhuatanga ka kaha pēhi i te tangata, ā, ko ngā ratonga o waho o te tangata, tōna whānau, ūna hoa rānei hei āwhina i a ia.
8. Te puna waihanga: Ka arohaehae i tā te ao pāpāho whakaatu i te ‘ātaahua/purotu’. Ka aromatawai i ngā āhuatanga kua ākona i ngā wiki kua hipa.

He kupu taka

| | |
|-------------------|------------------------|
| Pūhuruhurutanga | puberty |
| Taiohitanga | [state of being] youth |
| Moroiti Tahumaero | germ |

WĀHANGA 2: TE IHO MATUA

Te wā: 80 meneti

He whāinga

- Ka tūhura i te hekenga mai o te mauri tangata i te iho matua, arā, ko te whakapapa, te whanaungatanga hoki.

He rauemi

- Pukapuka kaupapa, he pepa rānei

Hei mahi

1. He whakamārama (5 meneti)

Mā te kaiako te kaupapa o te iho matua e whakamārama: arā, ko te iho o te tamaiti ki te kōpū, kua hono te tangata ki ūna mātua, ki ūna tūpuna. Ko taua hono rā, ko te iho matua. Arā, ko te whakapapa me ngā āhuatanga ka heke ā-whakapapa mai ki tērā reanga, ki tērā reanga.

2. He whakautu pātai (5-10 meneti)

- Ka pānui te kaiako i tētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te kaupapa o te iho matua (arā, o te whakapapa). H.t., He aha te take he iti noa ngā ū o ētahi, engari he nui ngā ū o ētahi atu?
- Mā te kaiako te whakawhitinga kōrero e ārahi kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

3. Tōku iho matua (25 meneti)

- Ka pātai te kaiako: He aha ngā momo i heke iho i ūtūpuna ki a koe?
 - He momo whakautu: he āhuatanga kanohi, he ingoa, he āhuatanga tinana, he pūkenga, he pūmanawa
- Mā te kaiako ngā kōrerorero e ārahi kia āta matapakihia e ngā ākonga ūrātou taha whakapapa katoa, tāne mai, wāhine mai: he ira tāne, he ira wahine kei tērā, kei tērā o tātou. Kei roto i a koe ngā wai e rua – arā, ko te wai o tō pāpā me te wai o tō māmā, nā reira, ko tō ‘wai-rua’.

- h. Mā te ākonga e āta tā ō rātou ake whakapapa ki ā rātou ake puka kaupapa, ki te pepa rānei – kei a rātou te tikanga ka pēhea te nui o te whakapapa, te tokomaha rānei o ngā tāngata. Mā ia ākonga e āta whakaaro mō ētahi āhuatanga, pūmanawa, pūkenga rānei o ia tangata kua heke iho mai pea i ō rātou tīpuna: hei tauira: makawe koromingimangi, tāroaroa, waewae rahi; tere ki te oma, reo tīoriori.

4. Ōku pūmanawa, ōku pūkenga (25 meneti)

- a. Mā ngā ākonga ētahi pūmanawa kei roto i ō rātou ake whānau e tūtohu, he mea rongonui tōna whānau mō tēnei momo pūmanawa, ā, ka tuhia ki ngā hoahoa whakatauritenga e rua (tirohia ki raro ake nei he tauira hei whai).

| Ingoa o te whanaunga whai pūmanawa | T/ōna pūmanawa | He aha ētahi taunakitanga o ūna pūmanawa |
|------------------------------------|------------------------------|---|
| Māmā | He kaha ki te pūrei netipōro | I uru ia ki ngā tīma ā rohe, me te Kapa Hiriwa |
| Nanny Mei | He kaitākaro netipōro | Ko ia te kaiako o te tīma o māmā. He kaitākaro hoki ia ki te Kapa Hiriwa. |
| | | |
| | | |

e. Kā pātai te kaiako:

Kei a koe rānei ētahi o ēnei pūmanawa?

h. Ka pātai te kaiako:

He pūkenga anō ū, he mea nāu anō i whai, nāu anō i ako, nāu anō i whakawai?

i. Mā ngā ākonga e tautuhi kia 2-3 ngā pūkenga nā rātou anō i whai, nā rātou anō i ako.

| Ōku pūkenga | Nōnahea i tīmata ai te whai i tēnei pūkenga? | He mahi ka whaia tonutia e au? |
|-----------------------|---|--|
| Te whakatō hua whenua | Nō tērā Raumati i te wā i noho au ki a Matua Hirini | Tēnā pea, āe. Kia tipu kaha ngā hua whenua ka mahi tonu! |
| | | |

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k. Mā ia ākonga tētahi whanaunga tino ngākaunui ki a ia e whiriwhiri:

- Tāngia he pikitia, tāngia rānei te ingoa o tētahi whanaunga (ehara i te mea me pono te ingoa – kei a koe te tikanga mēnā ka noho muna tonu). Whakaarohipa tētahi whakaaro, te whakapapa me te iho matua e tūhonotia ai kōrua ko tō whanaunga.

Hei tauira:

- Ko tēnei te tungane o tōku māmā. Nā tana aroha nui ki a au ka mauri tau au – nā runga i tana āta tiaki i a au e māuiui ana.
- Ko Aunty Kay te karangarua o tōku whaea. E mōhio ana au he nui te aroha o Aunty Kay mōku nā te mea he rite tonu tōna whakarongo mai ki a au me te kore whakawā mai.
- Ko Koro Here te pāpā o tōku whaea. He pukumahi a Koro. Ka tae atu ki tōna whare, me pukumahi hoki mātou. Heoi, nā tana aroha nui ki a mātou, ka hari, ka koa mātou ki te āwhina i a ia.

5. He whakawhiti kōrero

Ka pātai ki ngā ākonga: Whakaarohipa te whāinga i whakaritea i tērā wiki. Kei te hiahia pea koe ki te tohu whāinga anō, e hāngai ana ki ō pūmanawa kua heke mai i tō iho matua?

Kia mataara: Pupurutia ēnei kōrero, nā te mea ka hoki whakamuri ngā ākonga ki ngā pepa nei mō tētahi atu mahere ako o te mahere whakaako nei.

He whakakapi (15 meneti)

Kua hono ā-wairua tātou ki ō tātou tūpuna, arā ko te iho matua te hono. Kei tēnā, kei tēnā o tātou he taha tāne, he taha wahine hoki - he whakapapa tāne, he whakapapa wahine.

He mahi ā-rōpū (5 meneti)

Waihangahia he tohu ā-ringa mō tētahi tikanga tapu ka whakaatu i te āhuatanga o te iho matua, arā, ka heke mai ētahi āhuatanga i ō tātou mātua tūpuna ki a tātou. Whakaaturia ki te katoa mēnā e whai wā ana.

He pātai mō te kāinga

Uia ō mātua, pakeke rānei. Anei ngā pātai mō rātou:

- He aha ngā pūmanawa o tōku whānau (ahakoa te momo pūmanawatanga)?
- i ahu mai tēnei pūmanawa i a wai?
- He aha ngā pūmanawa kua heke iho ki ahau (ki ū o pākeke tirohanga, whakaaro rānei)?

He kupu taka

| | |
|----------|---------|
| pūkenga | skills |
| pūmanawa | talents |

WĀHANGA 3: TAPU-IHI – HE TIKANGA

Te wā: 65-70 meneti

He aha tēnei mea te tikanga?

He whāinga:

- Ka tūhura i tēnei mea te tikanga: arā, ngā tikanga tapu hei ārahi i te tangata ki te mahi tika, me te ihi o te tangata ka ārahi i a ia ki te eke panuku.
- Ka whakarite tikanga mōku ake, kia eke ai au ki ōku whāinga.

He rauemi

- He kāri ‘tikanga’ (kei raro iho nei), me ētahi kāri wātea
- Te Pūhuruhurutanga wh. 21

| | |
|--|--|
| Ka tangohia ngā hū i mua i te kuhu ki te whare | Mā te harirū me te hongi ka hohou te rongo |
| I mua i te kai, ka karakia | I mua i te taka kai, ka horoia ngā ringaringa |
| Ka whakahokia te ika tuatahi ki a Tangaroa | (mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei) |
| (mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei) | (mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei) |
| (mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei) | (mā te kura/kaiako e whakauru ētahi atu tikanga i kōnei) |

Hei mahi

1. He whakautu pātai (5-10 meneti)

Ka pānui te kaiako i tētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki tēnei mea te tikanga.

Mā te kaiako e ārahi te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi momo whakautu.

2. He whakawhitiwhiti kōrero (15 meneti)

Ka kōrerohia e te kaiako te kaupapa o te kupu tikanga. Ka ārahi te kaiako i ngā ākonga ki te tūhura, ki te whakaaro mō ngā momo taumata tikanga.

Ka pātai atu:

a. He aha tēnei mea te tikanga?

- He momo whakautu: - He mahi tika, he ture ā-noho; he tohutohu; he kupu ārahi kia noho haumaru ai te tangata; he mahi pakeke (he tohutohu rānei a ngā pākeke ki ngā tamariki/taiohi). Kua pānuitia whānuitia ētahi tikanga (pērā i ngā ture o te whenua), ka noho muna kē ētahi atu (pērā ki tēnei: pērā ki ngā tikanga whakatika tēpu/rīhi i roto i tō whare).

e. He aha te take o tēnei mea te tikanga?

- He momo whakautu: Hei ārahi i ngā tangata ki te ako, ki te eke panuku, ki te mahi tika, hei aukati i ngā mahi hē a te tangata

h. He momo tikanga, he taumata tikanga, ā, he tapu ētahi, he noa ētahi. He aha ētahi tikanga tapu; he aha ētahi tikanga – e.g., tikanga tākaro, tikanga whaikōrero

i. Mā te kaiako e pātai atu:

- He mea tapu tēnei tikanga? He mea toka tēnei tikanga mō ake tonu atu? He mea panoni rānei i te huringa o ngā tau? He aha ai?
- He momo whakautu: Kua huri te ao, arā, ka hanga whare hākinakina i ēnei rā, ā, ka mau hū i roto. Mēnā ka hoko tiakarete au i te toa, i te nuinga o te wā kāore au e karakia i mua i te kai i taua tiakarete.

k. He aha ngā tikanga o tēnei akomanga / o tō whānau (hei tauira, he aha ngā tikanga mō te kai i te kāinga, te whakarite i ngā ata, te eke marae, te whakanui huritau tamaiti, te whakanui huritau kaumātua

- He momo whakautu: Tangohia ō hū; Karakia i mua i te kai; kia tere te uwhiuwhi

m. He aha te take o te tikanga? He aha e pēnei ana? Ka panoni rānei? Kei te tika rānei kia panoni? Hei tauira: I ngā rā o mua, kore rawa ngā tūpuna i whakaae ki te heketua i roto i te whare. Ināianei, he pērā katoa ngā whare.

n. He aha ētahi tikanga o waho atu i tō whānau / i te kura?

o. He ūrite ngā tikanga o tērā whānau / ākomanga / hapū, o tērā whānau / ākomanga / hapū?

He momo whakautu:

- Ka tangohia ngā hū i tēnei kura, engari kāore e tangohia ngā hū ki te kāreti
- Ka mau parekawakawa ētahi hapū, kāore ētahi atu e mau

p. He ‘tika’ kē atu ētahi tikanga i ētahi? He aha ai?

3. He mahi ā-rōpū: he whakaari tikanga (25 meneti)

a. Mā te kaiako e hoatu kia rua ngā kāri ki ia rōpū: kua tuhia kētia tētahi tikanga i runga i tētahi kāri, ko tērā atu kāri he mea wātea.

Kātahi ka whakamārama:

- Whiriwhiria te tikanga kua tuhia ki tō koutou kāri, ka whiriwhiri rānei i tētahi tikanga anō (mā koutou e tuhi ki tētahi kāri wātea). (**E rua meneti**)

e. Mā ia rōpū e whakaari atu i tētahi tikanga

- Hei tauira (h.t.)
(1) ka tangohia ngā hū i mua i te uru ki te wharenui; (2) tirohia te rori i mua i te whakawhiti) ā, ka whakapae te whakaminenga (te akomanga katoa) he aha te tikanga e whakaarihia ana. Kātahi ka whakaari atu i taua tikanga e whatingia ana (h.t., kāre e tangohia ana ngā hū i roto i te whare poitūkohu), i ētahi wā kāore rānei i te pai taua whatinga (h.t: ki te kore te tangata e titiro ki te rori, ka tukia e te motokā). Whakaarohipa ngā whatinga tikanga i roto i ngā pūrākau mō Māui Tikitiki-a-Taranga, me tana whatinga tikanga whakamutunga.

h. Ka whakawhitiwhiti kōrero mō ngā rerekētanga. He aha te take he pai te mau hū ki te whare poitūkohu? He aha te take me tango ngā hū i te wharenui? Pēhea e mōhio ai te taiohi mēnā e pai ana te whati tikanga, kāore rānei?

4. He whāinga, he tikanga (10 meneti)

He aha ētahi tikanga mōu ake, i roto i tō ao?

Whakaarohipa te whāinga i tohua e koe i te wiki tuatahi. (arā ko ngā mahi o te tuakana)

Tohua ētahi tikanga hei āwhina i a koe ki te whakatutuki i tō whāinga.

I a koe e taiohi haere ana, ka hiahia pea ki te wero tikanga, ki te whati tikanga rānei, pērā ki a Māui Tikitiki-a-Taranga. Pānuitia wh. 21 o *Te Pūhuruhurutanga*. He aha ū whakaaro mō ngā kōrero a te taiohi rā?

Hei whakakapi (10 meneti)

Waihangahia he tohu ā-ringa mō tētahi tikanga tapu ka ārahi i te taiohi, me te ihi o te reanga taiohi ki te whiriwhiri i tō rātou ake huarahi i te ao hou.

He pātai mō te kāinga

- ū mārika ai koutou ki ēhea tikanga i tō kāinga? I ahu mai aua tikanga i hea? I a māmā, pāpā, kuia, koroua, mai i tua whakarere rānei?
- He tikanga ū tō kāinga kua panonihia e tō whānau i roto i ngā tau?
- He tikanga ā-iwi, ā-hapū rānei kua tōkia ki roto i tō whare? He aha aua tikanga?
- Ki te hiahia koe ki te panoni i ngā tikanga o tō whare, ka whakaaetia e ū mātua? Kei a wai te mana ki te panoni tikanga i tōu ake whare?

Ākina ngā ākonga ki te tuku pātai ki te pouaka tukutuku.

He rauemi ako anō

Māui rāua ko Mahuika: <http://mataurangamaori.tki.org.nz/Rauemi-tautoko/Te-Reo-Maori/Nga-Pakiwaitara-Maori-me-nga-Purakau-Onaianei/Maui-raua-ko-Mahuika>

Māui rāua ko Hine-nui-te-pō (he whakairo): <http://natlib.govt.nz/records/22708288>

He kupu taka

| | |
|--------------|----------------------|
| tohu ā-ringa | hand signal, gesture |
| ture ā-noho | social norms |

WĀHANGA 4: HINENGARO – HE TIKANGA Ā-KUPU

Te wā: 85-100 meneti

He tikanga anō tō te kupu, tō te tohu

He whāinga:

- He tūhura i ngā āhuatanga o te wero/whati tikanga o te taiohi
- He whai whakaaro, he tūhura i ngā tikanga ā-kupu ā-ringa/ā-karu, ā-pānui [signs]

He rauemi

- *Te Pūhuruhurutanga* wh. 21
- He tuhituhinga, he kōrero rānei mō te wehenga o Rangi rāua ko Papa
- *Tama Tū* <https://www.youtube.com/watch?v=VkWzbMzW3B8>
- He pikitia tohu, hei tauira: tohu whakatū motokā, tohu whareiti, te wahine ‘ātaahua’ (whīroki)

Hei mahi

1. He whakamārama (5 meneti)

Mā te kaiako e whakamārama te kaupapa o te rā, arā, ka tūhura, ka whakawhiti kōrero mō ngā tikanga ā-kupu, ngā tikanga ā-ringa, ā-karu hoki, me ngā tikanga ā-pānui

2. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te kaupapa o te hinengaro
- e. Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

3. He whakawhiti kōrero poto (5-15 meneti)

Pānuitia/whakaarotia anōtia *Te Pūhuruhurutanga* wh. 21, ka mutu, whakaarohia ngā mahi a Tane Māhuta me ūna tuakana. hei tauira, tirohia:

<https://itunes.apple.com/us/app/ng%C4%81-atua-m%C4%81ori-book-2-te-wehenga-o-ranginui-r%C4%81ua-ko/id922378976?mt=8&ign-mpt=u0%3D4>

<https://play.google.com/store/apps/details?id=com.kiwamedia.android.qbook.nam0002>

<https://www.youtube.com/watch?v=SUEnZ1OPsyM>

He aha rātou i wero ai i ngā tikanga noho o ū rātou mātua? Arā, ko te āhuatanga o tō rāua noho/takoto tahi he piri tata. He tikanga tēnei nā tō rāua aroha ki a rāua anō.

Ētahi pātai hei tauira:

- I kōkiri noa atu tētahi i tērā tikanga ā-noho?
- I whakawhitit kōrero pea rātou i mua?
- He whāinga ū rātou?
- He aha ngā hua i puta mai ai i taua whatinga tikanga?
- He raru i puta?

Hei mahi: Tāngia he pikitia nui mō tētahi o ngā atua e wero ana, e tautoko ana rānei i ngā tikanga o ūna mātua.

4. Hei whakaari (15 meneti)

I ngā hararei, i whānako a Kapa i tētahi hāte mai i te toa, ā, ka mau ia. Ka whakahokia ki te kāinga e ngā pirihihana. Ka tonoa ia e tana whaea kia whākī atu ki ūna whanaunga katoa. Tae atu ana a Kui, me whākī atu, tae atu ana a Matua, me whākī atu, tae atu ana ngā whaea, me whākī atu.

Whakaarihia ngā whakautu a Kui, a Matua, a ngā whāea (a wai rānei) ki a ia. (hei mahi takirua, ā-roopū rānei).

He aha ngā painga o tērā mahi, arā, ko te whāwhākī i tana hara?

5. He whakawhitit kōrero (10 meneti)

He aha ētahi tikanga kua werohia, kua whatia rānei e koe? I āta whakaaro koe i mua i te wero/whati tikanga? I wānanga koutou ko ū hoa/whanaunga i mua, i muri i tāu mahi? He tino whāinga/take rānei tō te wero? He aha ngā hua i/ka puta? He aha ngā raru?

6. He whakawhititwhiti kōrero (10 meneti)

1. Ka whakamārama te kaiako: he tikanga anō tō te kupu

Kia mōhio mai:

Me here tēnei ki te *Wāhanga 3: He aha te tikanga* – hei tauira: He rerekē ngā tikanga o ia whānau, ia kura, ia iwi, ā, ko ētahi ka rerekē haere i te huringa o ngā tau. Waihoki, ka panoni haere te tikanga o ētahi kupu i runga i te horopaki me te huringa o ngā tau.

2. He aha te tikanga o ēnei kupu hoa / hoa riri / hōhā?

3. He mea toka te tikanga o te kupu? He mea panoni rānei i te huringa o ngā tau?
4. He aha te tikanga o tēnei kupu, o tēnei tohu-ā-tinana (gesture) [hei tauira: te kemo; te whakatū matimati, te whakatū kōnui]? Kei te horopaki te tino tikanga o te tohu, i ētahi wā he mihi, he tautoko, i ētahi wā anō pea he riri, he whakahāwea.

Hei tauira:

- He kupu: hēki, gay, kaka, momona, hōri
- He tohu ā-tinana: pūkana, evils, matahī, tū kōnui, tū matimati)

Matapakihia te panonitanga o ngā kupu i roto i ngā tau – e.g., hēki (he hua manu i ngā wā o mua, ināianei he kupu whakahāwea hoki); gay – (he koa tōna tikanga i mua, ināianei he takatāpui, he kupu whakahāwea hoki)

7. He mahi ā-rōpū He whakaari ā-kupu (15 meneti)

Mātakitakina te kiriata nei – ko *Tama Tū* (5 meneti)

<https://www.youtube.com/watch?v=VkJWzbMzW3B8>



Tuhia, ā, whakaarihia ā-kupu he reo kōrero mō te kiriata – arā, mā te rōpū e kōrero ā-kupu i ngā mahi matahī o ngā hoia). Mā te kaiako tētahi rōpū e tohu kia whakaari ā-kupu i te mahi whakatoi (whakahāwea) o ngā hoia ki tētahi o ū rātou hoa.

I ngā rōpū e whakaari ana, ka whakaaturia anōtia te kiriata.

Mutu ana ngā whakaari, ka whakawhitiwhiti kōrero mō ngā tikanga rerekē o tētahi tohu (arā, o te matahī) me te rerekē haere o te tohu, mai i te tohu whakamihī ki te tohu whakahāwea.

8. Whakaarohipa, wānangahia... (5 meneti)

...te whakataukī nei, ‘*He tao rākau ka taea te karo, he tao kupu e kore e taea te karo*’.

Pātai atu:

Ka pēhea mēnā ka whakahāwea ū hoa i a koe (kotahi te wā)?

Ka pēhea mēnā ka whakahāwea rātou i a koe i ngā wā katoa, mō te wā roa?

9. Whakawhiti kōrero (15 meneti)

Me hoki anō ki te matapaki i ngā kupu me ngā tohu ā-tinana kua kōrerotia kētia i roto i tēnei wāhanga, me āta tūhura ināianei ka pēhea aua kupu e whakahāwea i te tangata.

He kupu: dick, momona, hōri, gay, coconut

He tohu ā-karu/ā-ringa: pūkana, evils, matahī, tū kōnui, tū matimati

Whakaaturia ētahi pikitia, ētahi tohu rānei, pēnei i te wahine ‘ātaahua’ (whīroki), he tohu wharepaku (tāne/wahine).

Matapakihia ngā momo tikanga o aua tohu e pānuitia whānuitia ana ki te marea.

Ākina ngā tamariki ki te tuku pātai ki te pouaka tukutuku.

He kupu taka

| | |
|-------------------|---|
| he tikanga ā-kupu | meanings of words |
| kemo | wink |
| matahī | raise eyebrows |
| tikanga | meaning |
| hōri | Lit. ‘George’ – a common name that was generalised by Pākehā to refer to a stereotyped Māori (with negative connotations). In contemporary times, it has taken on a negative meaning generally, like ‘gay’ and has an insidious racist etymology. |
| ā-pānui | signs |

WĀHANGA 5: MANA-WEHI – TE TINANA

Te wā: 70-95 meneti

He whāinga

- Ka tātu te tauira i ngā tini whanaketanga ā-tinana o te tangata i te wā o te pūhuruhurutanga, ā, pakeke noa

Kia mōhio mai: Ko te tino mahi he wānanga i ngā āhuatanga o te whanaketanga o te tangata i te wā o te pūhuruhurutanga.

He Rauemi

- *Te Pūhuruhurutanga wh. 5, 7- 19*
- *Rotarota e Pā ana ki te Wahine* ki <https://www.youtube.com/watch?v=Jgx4ZwcsuIk>
- *Tāne Ora* ki <https://www.youtube.com/watch?v=amkRDm-Ie7g&nohtml5=False>
- He ‘kāri whanake’. Mā te kaiako e tīpako ētahi o ngā whanaketanga tinana ā-tangata, ā-kōtiro, ā-tama, ā, ka tuhituhi tētahi ki tērā, ki tērā o ngā kāri.

Kāri whanake

| | |
|------------------------------|---|
| Ka tipu ngā ū | Ka huahua te kiri |
| Ka tāroaroa haere | Ka huruhuru ngā kēkē |
| Ka puta kaha ngā kare ā-roto | (mā te kaiako e tīpako ngā whanaketanga hei tuhituhi ki ngā kāri) |
| | |
| | |

Hei mahi

1. Hei tikanga tīmatanga (5 meneti)

Whakatakotohia ētahi tikanga tuakana mō tēnei tū kōrero:

Hei tauira:

- Kia kotahi noa iho te kai kōrero
- Me whakarongo, whai whakaaro mō ngā kōrero katoa
- Me whai whakaaro mō te kaupapa

2. He whakautu pātai (5-10 meneti)

- Ka pānui te kaiako i t/ētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te mana me te wehi o te tangata.
- Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

3. He whakawhiti kōrero

- Ka āta pānui tahi i Te Pūhuruhurutanga wh. 5.
- Mā te kaiako e ārahi, kia mārama pai ai ngā kupu (e.g., taiaki – hormones) me ngā rerenga kōrero o taua whārangī (e.g., ka whakaputaina e te roro ngā taiaki), otirā kia mārama pai ai ngā kōrero katoa o te whārangī rā ki ngā ākonga.
- Ka noho ngā tauira ki ētahi rōpū toko iti (tokowhā pea ki ia rōpū).
 - Ka pānui i ngā kōrero katoa o *Te Pūhuruhurutanga* wh. 7
- Mā te kaiako e tātu, e whakamārama te rerenga kōrero nei:

“Ko ēnei āhua katoa ka pā ki ngā tama me ngā kōtiro”

- Tēnā pea ka hua ake ētahi pātai/kōrero i ngā ākonga pēnei nā: “Kāore ngā ū o ngā tama e tipu”
- He momo whakautu: He āhua ūrite te timatanga o te pūhuruhurutanga ki ngā tamariki katoa, tama mai, kōtiro mai. Hei tauira, ka nui ake ngā matamata, ā, ka āhua tipu ngā ū o ngā tama me ngā kōtiro. Mā ngā taiaki me ngā āhuatanga ka heke i tō iho matua, e tohu mēnā ka nui rānei, kāore rānei e tino nui ngā ū.
- Mā ngā kaiako, mā te ākonga rānei e whiriwhiri mēnā ka noho wehewehe ngā tama me ngā kōtiro, mēnā ka noho tahī rānei te katoa.
- Ahakoa ka noho tahī, ka noho wehe rānei ngā tama me ngā kōtiro, anei ētahi mahi:

4a. Ira wahine (25 meneti)

- a. Mātakitaki i te “Rotarota e Pā ana ki te Wahine” ki
<https://www.youtube.com/watch?v=Jgx4ZwcsuIk>
- Ka whakamāramatia e te kaiako he rotarota tēnei mō te mana o te wahine me tōnā āheinga ki te whakawhānau tamariki, ā, ko tērā te take ka tīmata te whanake o te tinana o te taitamawahine.
- e. Pānuitia Te Pūhuruhurutanga wh. 8-9
- i. I mua i te pānui, mā te kaiako ngā kupu hōu e whakamārama atu (e.g., matamata – nipples; tīwhana – curve; ikura – awa atua, period).
 - ii. Ka mahi ā-rōpu ngā ākonga ki te pānui i ngā whārangī 8-9, ā, ka whakawhiti kōrero mō ngā whanaketanga ira wahine.
 - iii. Tukua tētahi wā kōrerorero, whakaputa whakaaro, patapatai rānei ki ngā ākonga. Kia noho pea ki ngā rōpū iti e whai kaha ai rātou ki te tuku i ā rātou kōrero.
 - iv. Mēnā ka kōrero ētahi mō te “mate wahine” whakamāramatia atu ēhara i te mea he “mate” tēnei āhuatanga. Hoatu tētahi kupu tawhito, pēnei i te awa atua¹, ikura rānei.
- h. Mā ngā ākonga ētahi o ngā kōrero i ngā whārangī 10-13 e pānui.
- i. Ka mutu ka noho ā-rōpū ngā ākonga, ki te wānanga i ngā kāri whanake. Ka taea rānei te whakaraupapa? Mā te kaiako e whakamārama atu, kei tēnā tangata, kei tēnā tangata tōna ake huarahi whanake.

4b. Ira tane (25 meneti)

- a. Mātakitaki hoki/rānei i ngā kōrero mō te Tāne Ora ki:
<https://www.youtube.com/watch?v=amkRDm-Ie7g&nohtml5=False>

Ka whakamāramatia e te kaiako: He kōrero tēnei mō te mana o te tāne me tōnā whai whakaaro mō ētahi atu tāne. Heoi, ko te take ka tīmata te whanake o te tinana o te taiohi, ko te whakarite o te tinana, o te hinengaro mō ngā mahi o te pakeke, arā, te whai uri, te tiaki whānau, te kawe haepapa. Me kī kia rite ki te whai i te pae tawhiti kia tata, kia whakamau i te pae tata kia tina.

¹Hei tauira: tirohia te pukapuka a Ngahuia Murphy e karanga ana ko Waiwhero

5. Te Pūhuruhurutanga wh. 14-19

- a. I mua i te pānui, mā te kaiako e whakamārama atu i ngā kupu hou (hei tauira: tora – tū (o te ure); tātea – te ira/kano tāne; waitātea – te wai ka kawe i te tātea).
- e. Ka mahi ā-rōpū ngā ākonga ki te pānui i ngā whārangī 14-15, ā, ka whakawhitī kōrero mō ngā whanaketanga ira tāne.
- h. Tukua tētahi wā kōrerorero, whakaputa whakaaro, patapatai rānei ki ngā ākonga. Hei tauira: He aha te wai tātea? (he mea tuku iho nā Ranginui) te mana tāne. Kia noho pea ki ngā rōpū iti e whai kaha ai rātou ki te tuku i ā rātou kōrero.
- i. Mā ngā ākonga ētahi o ngā kōrero i ngā whārangī 16-19 e pānui.
- k. Ka mutu ka noho ā-rōpū ngā ākonga, ki te wānanga i ngā kāri whanake. Ka taea rānei te whakaraupapa? Mā te kaiako e whakamārama atu, kei tēnā tangata, kei tēnā tangata tōna ake huarahi whanake.

6. Hei whakakapi (15 meneti)

Mā ngā taiaki me te iho matua ngā momo whanaketanga o te tinana e tohu.

He mahi ā-rōpū (5 meneti): waihangatia he tohu ā-ringa, ā-tinana rānei, me tētahi rerenga kōrero/waiata e whakaatu ai i tētahi paku āhuatanga o te whanaketanga o te tinana taiohi.

- a. Pātai ki ngā ākonga: Ki te ngaro te ira tāne, ka mahue atu te aha?
- e. Pātai ki ngā ākonga: Ki te ngaro te ira wahine, ka mahue atu te aha?
 - Ākina ngā ākonga ki te tuku pātai ki te pouaka tukutuku

7. Hei mahi kāinga

Mā ngā ākonga ngā kōrero ā-iwi, kōrero ā-tupuna e rangahau mō:

- te mana wahine, mō te tapu o te tinana me te whare tangata, hei wānanga mā ngā kōhine o te kura, oti rā mā te whānau katoa.
- te mana tāne, mō te tapu o tōna tinana me ngā haepapa tāne hei wānanga mā ngā taitama o te kura, oti rā mā te whānau katoa.

He rauemi ako anō

Tirohia te pukapuka a Ngahuia Murphy e karanga ana ko *Waiwhero* ki:

<https://waiwhero.com/buy-te-awa-atua-the-book/>

He kupu taka

| | |
|--------------------|----------|
| taiaki | hormones |
| roro | brain |
| matamata | nipples |
| tātea | sperm |
| waitātea | semen |
| tora – tū (te ure) | erection |

WĀHANGA 6: TAPU-IHI; WHATUMANAWA – HE TĀNE, HE WĀHINE

Te wā: 100 meneti

He whāinga

- Ka tūhura i ngā ‘tikanga’ o tēnei ao e tohutohu mai ana he aha e tika ana mō te tāne, mō te wahine, heoi, mō te tangata.
- Ka āta wetewete i ētahi āhuatanga ka whakaaturia e te ao pāpāho mō te tāne, mō te wahine, heoi, mō te tangata.

He Rauemi

- *Poi for Boys* ki: <https://drive.google.com/a/tpt.org.nz/file/d/0B-EKJiB6qBLicG43Z0J0EVKVFU/view?usp=sharing>
- *Kaiwero wahine* ki: <http://www.maoritelevision.com/news/regional/ngati-waewae-rangatahi-first-female-generations-perform-wero>
- *A Place in the Middle* ki: <https://vimeo.com/121840165> (0:00 ki te 5:30, ko te katoa rānei)
- He whakaahua tāne, he whakaahua wāhine mai i tētahi niupepa, tētahi mōhini, tētahi ipurangi rānei, he mea kākahu rorotu he mea whutupōro/poitarawhiti; he mea kapa haka rānei
- *Te Pūhuru hurutanga* whārangī 40-41.
- He kāri ka whakamahia e te kaiako kia 4-5 ngā kohinga kāri pēnei nā:

| | | |
|----------------|------------------------|---------------------|
| he makawe roa | he mau tarau roa | he mau panekoti |
| he mahi poi | he mau rākau | he tākaro whutupōro |
| he haka | he tiaki tamariki | he mau hū teitei |
| he oma tere | he tākaro poitarawhiti | he hoe waka |
| he makawe poto | he ngutu whero | he tāroa |

1. He whakautu pātai (5-10 meneti)

- a. Ka pānui te kaiako i tētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te tapu, ki te ihi, ki te whatumanawa o te tangata
- e. Mā te kaiako te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me tētahi o ngā momo whakautu.

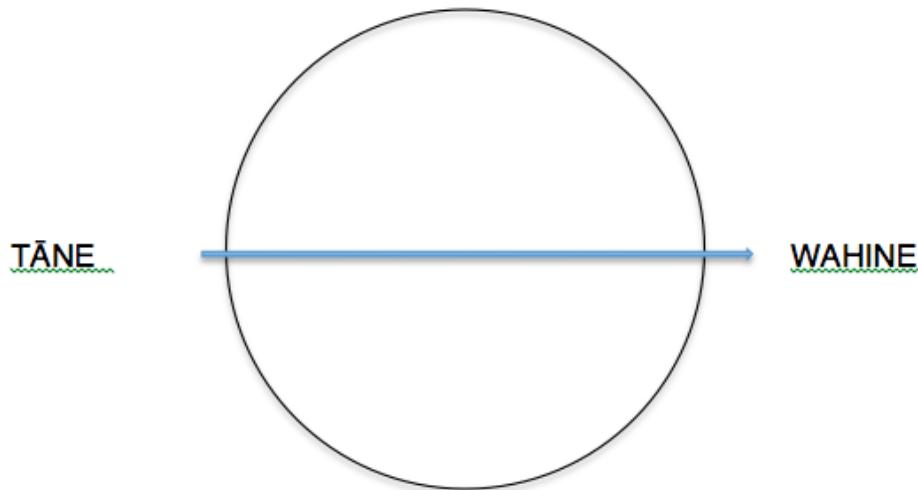
Hei mahi

1. He tūhura i ngā momo āhauatanga e kīia nei he āhauatanga tāne, he āhauatanga wahine rānei. (15 meneti)

He mahi ā-rōpū:

- a. Tuhia he rārangī pēnei ki te papatuhituhi

- TĀNE<-----→ WAHINE
- Tuhia rānei he tūtohi pēnei:



- e. Ka hoatu he kohinga kāri ki tērā, ki tērā o ngā rōpū. Ka mea atu ki ngā rōpū kia tohaina ngā kāri ki te wāhi tika e ai ki tō te rōpū whakaaro (2-4 meneti)
- h. Ka wānangahia ngā kōwhiringa o ngā rōpū: I whiriwhiri pea ētahi kia whakawehewehe i te katoa ki ngā pito e rua, tēnā pea i whakawhiti kōrero, i wānanga, i tautohetohē rānei ētahi mō te wāhi tika hei whakatakoto i ia kāri.

2. He mātakitaki kiriata (20 meneti)

Ka whakamaharatia atu ki ngā tamariki te tautohetohe i ara ake mō te poi me te mau rākau, i te panonitanga o ngā ture mō te whakataetae kapa haka wharekura i te tau 2016.

Ka mātakitaki i ēnei kiriata e rua:



Poi for Boys ki: <https://drive.google.com/a/tpt.org.nz/file/d/0B-EKJiB6qBLicG43Z0JIOEVKFU/view?usp=sharing>



Kaiwero Wahine ki: <http://www.maoritelevision.com/news/regional/ngati-waewae-rangatahi-first-female-generations-perform-wero>

3. He pātai ki ngā ākonga (15 meneti)

a. Mā wai rānei te mahi poi? Wero? Mā wai ngā mahi kei runga i ngā kāri?

- Mea atu ki ngā rōpū, ki te waiho anō i ngā kāri ki tētahi wāhi o runga i te rārangi. He ‘tāne’ he ‘wahine’ kē atu ētahi kāri i ētahi atu? Kei waenganui tonu te katoa o ngā kāri?

- Ka whakamārama atu ki ngā ākonga:
Me mahara ake, he wai tāne, he wai wahine, he taiaki tāne, he taiaki wahine kei roto i a tātou katoa. Ko ēnei mea, me ngā tikanga ā-noho o tō ao, ka whāngai i ngā taha e rua o tō whatumanawa. Kei reira, kei tō whatumanawa kē tōu ake tūranga i te ao nei.

4. He pitopito kōrero mō te ‘hoa’ (20 meneti)

- Ka pātai ki ngā ākonga: Whakaarohipa ngā kōrero whakaiti/whakahāwea, kua rangona e koe mō te tama makawea roa, mō te kōtiro purei whutupōro rānei.
- Pānuitia *Te Pūhuruhurutanga* whārangī 40-41.

5. He mahi ā-rōpū: He pitopito kōrero

- Mā te kaiako e whakamārama atu: Whakaarohipa, waihangahia rānei he kōrero e whakaatu ana i te mahi a te hoa pai (h.t., ka whakaweti tētahi rōpu i te tama, ā ka haramai tana hoa ki te tautoko i a ia), e whakaatu ana rānei i te mahi a te taiohi kāore nei i te hoa pai (h.t.: ka akiaki tētahi kōtiro i tana hoa ki te whānako rare i te toa). Ka mutu, mahia hei pitopito kōrero (rōpoata mō te reo irirangi/MTV/ ipurangi) e pā ana ki te/ngā taiohi “hoa pai”, mō te/ngā taiohi kāore nei i te “hoa pai” rānei. Whakaaturia ki te akomanga.

6. He mahi ā-akomanga (15 meneti)



- Mātakina te tīmatanga o te kiriata, ko *A Place in the Middle* ki:
<https://vimeo.com/121840165>
(0:00 ki te 5:30, ko te katoa rānei)

Whakawhitiwhiti kōrero mō te tamaiti i te whitiata rā, tana whai wāhi ki roto i tana kura, pēhea tōna kaiako i whakanui i a ia, me te whai-wāhitanga o tana taha *kāne* me tōna taha *wahine* ki roto i tōna ao.

Hei whakakapi (10 meneti)

Mā te taiohi anō te huarahi e tika ana mōna e whiriwhiri. Ko te mea nui kē, kia kaua e whakahāwea i te tangata. Hei tauira: E tū hei hoa pai! E tū tangata!

He mahi ā-rōpū (5 meneti)

Waihangatia he tohu ā-ringa, ā-tinana rānei, me tētahi rerenga kōrero/waiata e whakaatu ai i ngā āhuatanga o te hoa pai, o te tangata e whai kaha ana ki te eke ki tō tōna whatumanawa e hiahia ai.

Ākina ngā ākonga ki te tuku pātai ki te pouaka tukutuku.

He kupu taka

kāne = tāne

kākahu rorotu = fashion

He rauemi tautoko anō

- He wāhine Māori ka wero i te ‘tikanga’ mau panekoti ki <http://www.teara.govt.nz/en/photograph/41124/maori-women-dress-reformers-1906>

WĀHANGA 7: NGĀKAU – NGĀ KARE Ā-ROTO, ME TE HŌKAKATANGA

Te wā: 95-100 meneti

He whāinga

- Ka tūhura i ētahi āhuatanga o te ngākau, arā, ngā kare ā-roto, ngā hoa, te hōkakatanga, me te whakaweti.
- Ka tūhura i ngā āhuatanga ka kaha pēhi i te tangata, ā, ko ngā ratonga o waho o te tangata, tōna whānau, ūna hoa rānei hei āwhina i a ia.

He Rauemi

- *Te Pūhuruhurutanga wh 20, 35, 37-41*
- He rorohiko, he puka ratonga rānei
- Tēnei kiriata mō te ‘consent’ arā, mō te whakaae:
<https://www.youtube.com/watch?v=pZwvrxVavnQ>
- Tēnei kiriata (atu i te 5:20, te katoa rānei) mō Danielle Hayes e toro atu ana ki tōna whānau hei āwhina i a ia: <https://www.youtube.com/watch?v=mjSc-FXxGjQ>

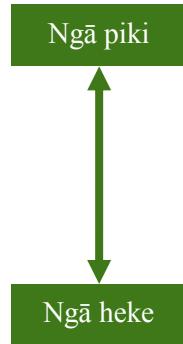
1. He whakautu pātai (5-10 meneti)

- Ka pānui te kaiako i tētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te ngākau o te tangata.
- Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

2. Hei mahi: He kare ā-roto (20 meneti)

- Ka whakamārama atu te kaiako
 - Ko te pūhuruhurutanga tētahi wā ka pupū ake ngā momo kare ā-roto, arā, he nui ngā piki me ngā heke o tēnei wā. He mea whakaawe e ngā taiaki e rere nei i roto i a koe, tō iho matua, me ngā tini āhuatanga o te ao ka pā atu ki a koe.
- Pānuitia *Te Pūhuruhurutanga* wh. 20.

- h. Mā ngā ākonga ngā kupu kare ā-roto i te whārangi e tīpako, ka waiho ki tētahi tūtohi rārangi mai i ‘Ngā piki’ ki ‘Ngā heke’.



- i. Pānuitia *Te Pūhuruhurutanga* wh. 20: Whakamā, tino aro ki ngā whakaaro o tētahi, hiahia ana he wāhi mōku ake, mate tāne/wahine, pukuriri, āwangawanga.

- He kare ā-roto atu anō:
Koa, Mīharo, Pāmanawa, Hēmanawa, Wairangi, Māia, Hīkaka, Taimaha/taumaha, Wehi, Kaha, Mauriohooho, Tangitangi, Mataku, Hihiri, Mauritau, Pōraruraru, Ngenge/Mgoikore, Hōkaka, Kōtore whererei.

3. He mahi ā-rōpu (10 meneti)

- a. Mā tērā, mā tērā ākonga e kōrero mō ētahi wā i heke ūna kare ā-roto, kātahi ka whai rautaki ia ki te piki ake i taua hekenga.

Hei tauira:

1. “I whakataka au i te whutupōro, anā i kōrero mai a Mea he koretake au. Nā tana kōrero i āhua pukuriri, āhua whakamā au. I muri tata mai, ka hopu au i te pōro, kātahi ka whai kaha au ki te oma tere, ā ka whiwhi tarai au, nā taku kaha hiahia ki te piki ake i tērā āhuatanga.”
2. “E hia kē ngā marama i whakaweti mai tētahi rōpū tama i a au i te kura, kāore te kaiako i aro mai. Ka kōrero ki aku hoa, ki aku mātua, kāore rātou i tino aro mai. Kātahi ka kōrero au ki taku kuia. I te rā whai muri mai ka tae ia ki te kura, ka karangahia he hui-ā-whānau. Mutu ana ngā whakawhitihitī kōrero, ka tuku mihi mai ngā tama, ā, ka mutu te whakaweti i reira.”

e. Mā te kaiako e whakamārama:

I ētahi wā ka whai kaha koe ki te pikī ake i ngā heke, i ētahi wā me whai āwhina pea kia pikī.

Kei hea ngā wāhi āwhina mōu:

- I te kāinga?
- I te kura?
- I te hapori?

h. Mātakitakina tēnei kiriata (atu i te 5:20, te katoa rānei) mō Danielle Hayes e toro atu ana ki tōna whānau hei āwhina i a ia. <https://www.youtube.com/watch?v=mjSc-FXxGjQ>



He mahi rangahau (20 meneti)

a. Ka rangahaua e ngā ākonga ngā ratonga o te hapori (i tua atu i te whānau me te kura) hei awhina i a rātou.

e. Mā ngā tauira e whai ngā mokanga o ngā ratonga tiaki i te hauora hinengaro o te tangata.
Me whai hoki i ngā mōhiohio e whai ake nei:

- Te ingoa o te ratonga
- He ratonga Māori rānei tēnei ratonga?
- He aha te mahi matua a te ratonga nei?
- He aha ngā nama waea, īmēra, pātanga kōrero mō te ratonga?
- Ka pēhea te tawhiti o te ratonga i tō kura?

h. Whakamahia a Publisher hei whakaputa i ngā kōrero mō ēnei ratonga hauora, ka puritia hei rauemi mō te akomanga.

i. Ka whakamārama atu te kaiako

- Mā tō whānau pea koe e āwhina i te nuinga o te wā, heoi, i ētahi wā pea, ka hiahia koe ki te toro atu ki ētahi ratonga kē. Mā ngā ākonga e waihanga he tūtohi (hei tauira, tūtohinga ripo) ka whakaatu i te huarahi mō te tangata e piki ai i te hekenga pōuri/pukuriri. Hei tauira:

| | | |
|---------------------------|---|------------|
| Kei te pēhea koe? | ➔ Kei te pukuriri? | |
| | ➔ Kei te pōuri? | |
| | ➔ Kei te whakamā? | |
| Āe | ➔ Haere ki te oma | Kāo |
| | ➔ Haere ki tō wāhi whakatau mauri | |
| Āe (Kei te pērā tonu) | ➔ kōrero ki tētahi whanaunga tata | Kāo |
| | ➔ kōrero ki tō kaumātua | |
| Āe (kei te pērā tonu atu) | ➔ toro atu ki te ratonga hauora pērā i: | Kāo |
| | ○ Youthline | |
| | ○ Te Ahurei a Rangatahi | |
| | ○ tō tākuta | |
| | | Ka pai kē! |



- Whakamahia a Publisher hei whakaputa i te tūtohi, me whakauru ki roto ko ‘te kōrero ki te whānau’ me āu kōrero rangahau mō ngā ratonga hauora.
- Tāngia, ā, whakairihia ki te pakitara o te akomanga, ka tāpiri rānei ki ērā o ō hoa hei pukapuka.

Ko te hōkakatanga

Ka whakamārama atu te kaiako:

Ko tētahi o ngā kare ā-roto ka pupū ake i te pūhuruhurutanga, ko te hōkakatanga. Arā, ko te mate tāne tērā, ko te mate wahine tērā me kī ko te mate tangata tērā, ko te minamina tangata tērā.

Pānuitia *Te Pūhuruhurutanga wh.* 38-39

He mahi ā-rōpū (15 meneti)

Ka tuhia ēnei kōrero e whai ake nei ki runga kāri, ka hoatu ki ngā rōpū hei pānuitanga, hei whakawhitinga kōrero mā rātou.

| | |
|--|---|
| I ētahi wā, ka hiahia te taiohi ki te whai wā i te taha o ūna hoa ahakoa he tāne, he wāhine rānei. | Ki te hōkaka te taiohi ki tētahi, me pupuri tēnā hiahia hei kōrero muna noa, ka whākī atu rānei? |
| I ētahi wā, ka hiahia te taiohi ki te whai wā i te taha o tētahi hoa motuhake. | I tētahi wā ka hōkaka au ki tētahi, engari ka tino whakamā au ki te kōrero ki a ia. |
| I tētahi wā ka hōkaka pea te taiohi ki tētahi o ūna hoa kātahi ka hōkaka ki te tangata whutupōro i te pouaka whakaata. | Mēnā ka whakahāweatia te tangata mō tōna aronga hōkakatanga, ka takahia tōna mana me tōna wairua. |
| Kei tēnā, kei tēnā tangata tōna ake momo aronga hōkakatanga. | Ko te ‘takatāpui’ tētahi kupu mō te wahine hōkaka wahine, mō te tāne hōkaka tāne. |
| Kāre te tangata e whiriwhiri i tōna momo hōkakatanga, he hua kē ake tērā nō tōna ake wairua. | Ko te ‘heterosexual’ te kupu Ingarihi mō te wahine hōkaka tāne, mō te tāne hōkaka wahine. |
| Mai i taku tamaititanga kua rongo au i tōku aronga hōkakatanga i ētahi wā. | Ka pā anō te kupu ‘takatāpui’ ki ngā tāngata whakatāne, whakawahine hoki. |
| <i>[mā te kaiako e tīpako ētahi atu kupu ingarihi me ētahi atu kupu Māori rānei hei tuhi ki ēnei kāri (h.t., gay, lesbian, asexual)]</i> | |

Ka whakamārama atu te kaiako:

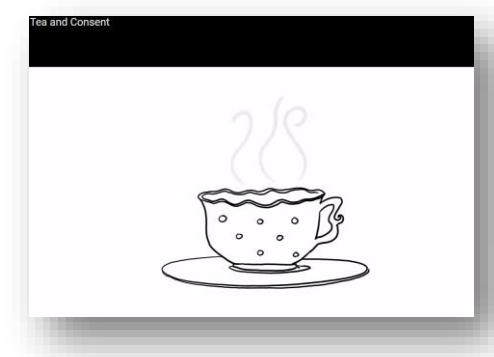
I ētahi wā ka hōkaka koe ki te tangata, engari ehara tonu i te mea ka hiahia koe ki te kihi atu, ki te moe tahi rānei.

He kōrero mō te moe tahi me te onioni (20 meneti)

Pānuitia *Te Pūhuruhurutanga* wh 34.

Ko te moe tahi, ko te onioni he mahi motuhake i waenganui i ngā tāngata e whakaae ana ki te mahi.

Me whakaae rā anō ngā tāngata i mua i te mahi onioni. Ki tā te ture titiro, kāore anō te tamaiti, te taiohi rānei e rite ana ki te whakaae i mua i te 16 o ngā tau. He ture tēnei hei tiaki i ngā tamariki me ngā taiohi.



Mātakitakina te kiriata mō te ‘consent’ arā, mō te ‘whakaae’:

<https://www.youtube.com/watch?v=pZwvrxVavnQ>

Whakamāoritia ngā kōrero (tēnā pea, mā tērā rōpū, mā tērā rōpū tētahi wāhanga o te kiriata e whakamāori).

Hei whakakapi (5 meneti)

He mahi ā-rōpū:

Waihangatia he tohu ā-ringa, ā-tinana rānei, me tētahi rerenga kōrero/waiata e whakaatu ai i ngā āhuatanga o te ngākau – arā, te heke me te piki ake anō o ngā kare ā-roto.

He kupu takा

| | |
|--------------------|--|
| takatāpui | gay, lesbian, bisexual, transgender, intersex or part of the rainbow community |
| heterosexual | persons attracted to people of the opposite sex |
| tūtohinga ripo | flow chart |
| minamina | to desire, feel an inclination for, wish |
| aronga hōkakatanga | sexual orientation |
| onioni | sexual intercourse |

WĀHANGA 8: PUNA WAIHANGA—TE AROHAEHAE I TE AO PĀPĀHO, ME TE AROMATAWAI

Te wā: 90 meneti

He whāinga

- Ka arohaehae i tā te ao pāpāho whakaatu i te ‘ātaahua/purotu’.
- Ka aromatawai i ngā āhuatanga kua ākona i ngā wiki kua hipa.

He Rauemi

- He rorohiko, pepa rānei
- He nuipepa auraki, he mōhini auraki rānei
- *Te Pūhuruhurutanga* wh. 48-49, 50
- Ko ētahi kiriata, ko *Body Evolution*, ko *Before and After Photoshop Models*, me te *Before and After Photoshop Male Models* (mā te kaiako e rapu mā Google).
- He waiata kei te ipurangi, ko *Taku Wahine Purotu*:
<https://www.youtube.com/watch?v=WBAgkDsWtu4>

Hei mahi

1. He whakautu pātai (5-10 meneti)

- Ka pānui te kaiako i tētahi pātai kua tukuna ki te pouaka tukutuku e hāngai ana ki te puna waihanga o te tangata.
- Mā te kaiako e ārahi i te whakawhitinga kōrero kia mārama ai ngā ākonga ki te ngako o te pātai me ētahi o ngā momo whakautu.

2. He whakawhitiwhiti kōrero mō ngā kupu ātaahua/purotu (10 meneti)

Ka pātai atu ki ngā ākonga:

- He aha te rerekētanga o te ‘purotu’ me te ‘ātaahua’?

- Ki te whakawehe rātou i ngā kupu ā-tāne, ā-wahine, tīpакohia ētahi mōteatea, waiata, pakiwaitara rānei e whakamahi ana i aua kupu mō te tāne me te wahine.

- H.t.: Poi atu taku poi: "...taku wahine purotu, taku tāne purotu..."; He waiata anō kei te ipurangi ko *Taku Wahine Purotu* hei whakaatu ki a rātou he kupu ēnei mō te katoa, kaua mō tētahi hunga ira anake. Tirohia:

<https://www.youtube.com/watch?v=WBAGkDsWtu4>



- e. Ka whakamahara atu te kaiako mō te āhuatanga o te kupu, arā, ka huri ngā tau, ka panoni pea te tikanga o te kupu. Arā, ka hāngai ngā panonitanga tikanga ki te wā, ki te wāhi, ki te reanga, me ngā reo kē ka kōrerohia whānuitia (pērā i te reo Ingarihi).

3. He pānui hokohoko (40 meneti)

- a. Ka pātai te kaiako ki ngā ākonga mō ngā momo pānui hokohoko kua kitea e rātou mō ngā kākahu, hū, inu, kai. He pēhea te āhua, te hanga rānei o ngā tāngata i aua pānui hokohoko?
 - He momo whakautu: He ātaahua, he Pākehā, he roa ngā waewae, he whīroki te tinana. (5 meneti)
- e. Pānuitia *Te Pūhuruhurutanga* wh. 48-49 (5 meneti)
- h. Tirohia ngā whakaahua i ngā pānui hokohoko kei te ipurangi, kei roto niupepa rānei. Mā ngā ākonga e whiriwhiri whakaahua o tētahi tangata ātaahua mai i ngā mōhini, te niupepa rānei (5 meneti).

- i. Rapua ēnei kupu i te ipurangi², ko te *Before and After Photoshop Models*, me te *Before and After Photoshop Male Models*.



Mātakina rānei te kiriata ko *Body Evolution*:

<https://www.youtube.com/watch?v=17j5QzF3kqE> (5 meneti)

- k. Wānangahia ngā rerekētanga o ngā whakaahua o mua, o muri, me ngā mea kua panoni. Mā tēnei ngā tamariki e mārama ai ehara mā ngā whakaahua mōhini e whakaari i te tangata tūturu. (15 meneti)

He momo pātai:

- He aha rātou e pērā ai?
- Ko ngā whakaahua kua whiriwhiri e koutou, he mea tūturu? He mea raweke rānei kia pōhehe ai koutou e pērā ana te āhua, te hanga rānei o aua tāngata?

- m. Pānuitia tahitia *Te Pūhuruhurutanga* wh. 50 (Hei tauira, mā tērā ākonga, mā tērā ākonga tētahi rerenga kōrero e pānui ā-waha) (5 meneti)

- n. Ka whakamahara ake te kaiako i ngā whanaunga nā ngā ākonga i whiriwhiri i ngā mahi o te Wāhanga 2. E hāngai ana tō rata ki taua whanaunga ki tōna ‘ātaahua ā-waho’? He ātaahua ā-roto kē rānei ūna?

² Mā te kaiako pea e whakarite te rapunga i mua i te wā ako, kia taea te whiriwhiri i ngā momo whakaahua e tika ana hei tirohanga mā ngā ākonga.

He mahi takirua (5 meneti)

Ka whakawhiti kōrero ngā rōpū tokorua, mā ia tokorua e tuhituhi kia rua ngā rerenga kōrero, arā, ko tētahi mō tōna ātaahuatanga ā-waho, ā, ko tētahi atu mō tōna ātaahuatanga ā-roto.

4. He aromatawai mō ngā wiki kua hipa (15 meneti)

He mahi ā-rōpū:

- a. Mā ngā ākonga e whakautu anō ngā pātai o te Wāhanga 1 – ka tuhi i ngā whakautu ki runga i ētahi pepa piripiri (pepa iti me te kāpia rānei) – kia rerekē te tae i tērā o te Wāhanga 1.
- e. He aha ngā mahi a te taiohi/tuakana?

He momo whakautu:

- He tiaki/ārahi i ngā teina; mau pare-ū, he āwhina i ūnā mātua ki te kāinga, he hiahia nōna ki te mahi tahi ki ūnā hoa.
- h. He aha ngā tohu ā-ngākau/hinengaro o te taiohi/tuakana?

He momo whakautu:

- He aroha nui ki tana whānau, he tohetohe, he mate tāne, mate wahine, mate tangata, he tino pukuriri/harikoa i ētahi wā.
- i. He aha ngā tohu ā-tinana o te taiohi/tuakana?

He momo whakautu:

- He nui ake ngā tuakana i ngā tēina, ka huruhuru ā-raro/ngā kēkē, ka rerekē pea ngā makawē, ka tipu tere te tinana i ētahi wā/wāhi.

Hei whakakapi (20 meneti)

He mahi ā-rōpu: he whakanui i te taiohitanga

Mā ngā taiohi e waihanga, e whakawai hoki i tētahi pepe takimanawa, he waiata rānei, hei whakaatu atu ki te akomanga katoa i ētahi o ngā mahi ā-ringa/ā-tinana kua ākona e rātou i ngā wiki kua hipa e pā ana ki Te Tuakiri o te Tangata me tēnei mea te Pūhuruhurutanga.

Kupu Taka

Pepe takimanawa recitation/rap
